

# Northeast Newsletter

## Tarrant County Commissioner Gary Fickes - Precinct 3

Volume 14, Issue 3

"Working together for a better tomorrow"

June 2021

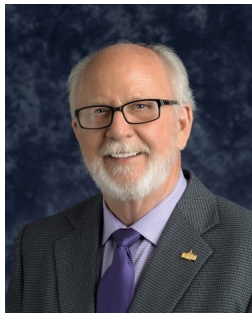
### COMMISSIONER'S CORNER

**Are you Ready?  
We are!**

## Coffee with the Commissioner

Please join us in the Northeast Courthouse Community Room (1st floor) to enjoy some long-awaited great conversations, coffee and donuts.

**June 18**  
7:30 - 9:00 a.m.



Can you believe it's been over a year since we first were hit with the COVID-19 pandemic? A sense of normalcy is gaining momentum, but there are still hardships faced by many in our community.

Tarrant County continues to research, plan, and implement services to help those impacted by the pandemic. For updates and services related to COVID-19, please visit [tarrantcounty.com](http://tarrantcounty.com).

How about all this rain we've had? I had someone who recently moved here from Seattle tell me that we've had more rain over the past two months than they usually get in a year in his former city. I can't verify that, but I think we can all agree the rainy weather was getting to be unenjoyable. Now, I bet in a month, or so we'll be wishing for it back! Nonetheless, I'm grateful for the drought relief it has brought us. Our Emergency Management team says it's supposed to be an abnormally active hurricane season, so who knows what's in store for our area with this crazy year of weather we've seen to date. Be

prepared for any weather or emergency by visiting [knowwhat2do.com](http://knowwhat2do.com).

The 87th Texas Legislative session concluded on May 31, but that won't be the end for our lawmakers in Austin. Several contentious issues consumed the session; however, Tarrant County achieved a significant amount of the Commissioners Court's legislative priorities for the regular session. In addition, we expect a September/October special session to encompass redistricting, COVID-19 relief fund allocations, bail bond reform, and election integrity legislation.

Enjoy this edition of the Northeast Newsletter and read on for articles about Tarrant County's new Director of Facilities, the grand Grapevine Main Street Station that's now open, exciting updates and additions to the Historic Stockyards in Fort Worth, transportation updates, senior information, and more!

Guess what?! This Friday, June 18, is the return of Coffee with the Commissioner! So, join my team and me at the Northeast Courthouse in Hurst for coffee, donuts, and good conversation – come and go from 7:30 a.m. to 9 a.m. We are excited to see everyone back in person!

*Gary Fickes*

### Inside this issue:

Marvin Reyes, Director of Facilities ..... Pg. 2

Tarrant Co. Emergency Management ..... Pg. 2

Grapevine Main Street Station ..... Pg. 3

Tarrant Co. Law Enforcement Memorial..... Pg. 3

Alzheimer's Association ..... Pg. 4

The Historic Stockyards - Hotel Drover and Mule Alley..... Pg. 5

Assistance Programs..... Pg. 6

Precinct 3, Maintenance Center Update ..... Pg. 7

City of Hurst ..... Pg. 8

Empowering Seniors - Feature Article ..... Pg. 9

Senior Page - Stay Cool ..... Pg. 10

Calendar. .... Pg. 11



With preterm birth and maternal death rates continuing to rise, we're committed to raising funds so that every family gets the best possible start. And you can help us.

**\*\*A DONATION OF \$25.00 OR MORE GETS A T-SHIRT!\*\***

**Give to be a part of Team Tarrant County HERE**



### Question of the Month

**Question:** Who was the only founding father that put his signature on all four primary documents that created the United States of America? The four documents are: the Treaty of Peace with Great Britain, the Declaration of Independence, the Treaty of Alliance with France, and the Constitution of the United States.

[Answer on page 5](#)

**The Quote of the Month** - "Never commit yourself until you are absolutely sure of your position, and once you give your word, keep it, even if it hurts"

— Sam Rayburn, Speaker of the U.S. House





**Marvin Reyes**



Director,  
Facilities Management

to the Middle East multiple times to support Operation Enduring Freedom in Afghanistan. After his military career ended, he joined the Department of Defense as a Federal employee, where he worked for the United States Navy. He has worked in the USA, Germany, Afghanistan, Japan, Spain, and Korea throughout his career.

Marvin’s experience has revolved around construction and facilities management, where he has led construction and maintenance teams worldwide. He fosters a positive team leadership style and believes his teams have been successful because of one common bond; pride in work and a dedication to service, and when you take care of your people, your people take care of the mission.

While he has been all over the world, DFW has always been home to Marvin. He brings with him his wife Andi, and their two daughters, Auriana and Alana, and son Gabriel.

Please join us in welcoming Marvin Reyes to the Tarrant County family as our new Director of Facilities Management. Overseeing our facilities is no small task, as Tarrant County is sprawled out over 863.61 square miles and owns 64 buildings, making it the 2nd largest landowner in downtown Fort Worth. These buildings house our courts, detention facilities, offices, maintenance centers, crime labs, sub-courthouses, and parking garages, to name a few.

Marvin grew up in Dallas, Texas and earned his MBA from Texas A&M. He began his career in the United States Air Force as an Active Duty Service Member and worked at various Civil Engineer Squadrons throughout the world. Marvin is a Combat Veteran who was also deployed

**On a more personal note -**

What do you do for fun? *I like to play music. I like all types of genres and various languages. I play Guitar, Piano, Trumpet and Drums.*

Favorite Movie? *“Big Fish” – I like Tim Burton movies but like this one especially because of the Tall Tales the dad tells that have a basic truth behind them. I am very much the same way with my kids when talking about my military days! I’m sure the older I get the taller the tales will get!*

Favorite Restaurant? *A good Ramen shop. I got spoiled in Japan because all Ramen shops were good but there are a few in the DFW area that I really like.*

Favorite Vacation Spot? *I’ve visited Portugal many times while living in Europe. It is safe, has beaches, is low cost and has sites that most people don’t know about such as what was known as the “end of the world” to flat earthers in the olden days. Their Porto Fino is really good too.*

Last Book Read? *“Permanent Record” by Eric Snowden – being a Former Fed, I enjoy reading the perspective from other Federal Employees in different fields especially the intelligence field.*

People would be surprised to know... *I speak English, Spanish and German and can get around in French and Japanese somewhat due to my experience working and living around the world for years.*

**Tarrant County Emergency Management  
Summer Heat Safety Tips**

If you have lived in Texas for any time, you know that it’s going to get hot during the summer. Each year, many people suffer from heat-related emergencies. Here are some tips to make it a safe summer:

- Drink plenty of fluids – drink water or other fluids even if you don’t feel thirsty. Limit the use of alcoholic beverages.
- Limit your time in the sun – stay in the shade as much as possible when playing or working in the sun. Use sunscreen to help reduce your exposure to harmful rays from the sun.
- Dress for summer – lightweight, light-colored, loose-fitting clothing will help you stay cool. Wear a hat and sunglasses to help keep the sun off your head and protect your eyes.
- Pace yourself – take it easy when you are outside. Limit your exercise and work activities on hot days. Take plenty of breaks to get out of the sun and heat.
- Check on friends and relatives – Be sure to check in on those who may be home-bound, elderly or have medical conditions that the summer heat may compromise. Make sure they are in a cool environment and have plenty of food and water.
- Take care of your pets – pets need as much care as humans during a hot day. Provide a cool, shady place for them to stay, and make sure they have plenty of food and water.
- Never leave a child or pet in the car – it only takes a few minutes for the car or truck’s interior to become dangerously hot.
- Taking just a few moments to remember these tips will help make this summer a fun and safe time.



<https://knowwhat2do.com/severe-weather/heat-drought-wildfire>  
<https://www.weather.gov/safety/heat>

[www.TarrantCounty.com/en/public-health](http://www.TarrantCounty.com/en/public-health)  
[www.cdc.gov](http://www.cdc.gov)

For other emergency related issues:  
 KnoWhat2do <https://knowwhat2do.com>

Article courtesy of David McCurdy,  
 Emergency Management Coordinator

ECONOMIC DEVELOPMENT

**Grapevine's Main Street Station**



When Tom Santora imagined opening a luxury hotel attached to the new TEXRail station in Grapevine, he didn't picture a grand opening in the midst of a pandemic. But the Managing Director of Hotel Vin and Chief Commercial Officer at Coury Hospitality has been pleasantly surprised by their early success. Less than a year in, despite all the challenges 2020 could

muster, Grapevine's Main Street Station and the attached hotel are a hit.

"In this marketplace, this truly is going to be a landmark for the city. The stature of the facility -- when you think about it, this building will be here for hundreds of years to come -- it is truly a fantastic structure.

It's really something we believe that is going to be where everything starts and stops in relation to historic Grapevine Main Street," Santora said in an interview for the *Dallas Business Journal*. "Early stats have proven that this will be a catalyst to drive new business into the marketplace, whether it is business travel, meetings and conventions, or even additional leisure travelers."

He's right to be confident. Main Street Station was the number one destination for weekend TEXRail riders almost as soon as the new space opened in September 2020. During the average week, only the stop at DFW Airport sees more foot traffic.

Harvest Hall, the station's attached food hall, has already served an estimated 74.4k customers since its grand opening in February. Foot traffic and TEXRail ridership continue to climb as well, thanks to Texans' collaborative effort to overcome the coronavirus pandemic.

*Article courtesy of Steven Jones, Grapevine Economic Development, Market Research Manager*



TEXRail Station



Harvest Hall



Hotel Vin

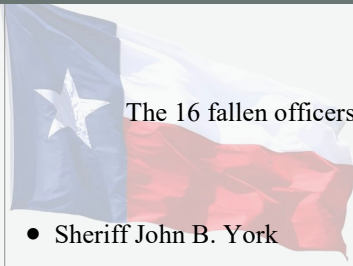
**TARRANT COUNTY LAW ENFORCEMENT MEMORIAL**



A long-awaited permanent tribute to Tarrant County law enforcement officers who died in the line of duty now stands centered in a wide walkway leading to the historic 1895 Tarrant County courthouse's west entrance. The ring-shaped memorial rests on a slab of pink granite and features a Texas star with a bronze Tarrant County seal at its center.

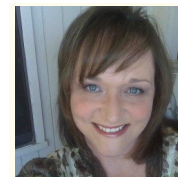
The Tarrant County Law Enforcement Memorial dedication held on May 14, 2021, currently honors 16 fallen Tarrant County peace officers.

This memorial aims to pay tribute and create a place where the community can honor lost law enforcement officers.



The 16 fallen officers include:

- Sheriff John B. York
- Deputy Sheriff R.W. "Dick" Townsend
- Special Deputy Hamill Poston Scott
- Constable Robert Emmett Morison
- Guard Earl W. Darby
- Constable Robert Franklin Poe
- Deputy Constable Mordica W. Hurdleston
- Deputy Constable Bernell Looney Barton
- Deputy Sheriff Malcom Davis
- Deputy Constable John "Johnnie" Pollock
- Constable Earl Franklin "Andy" Andrews
- Deputy Sheriff Clark Muriel Rosenbalm, Jr.
- Deputy Sheriff Frank D. Howell
- Deputy Sheriff Thomas Jay "T.J." Smith"
- Lieutenant George Maurice Hendrix, Jr.
- Deputy Constable Maurice "Mark" Diebold



**Welcome**

**Misti Melder**

Lead Customer Support Specialist, Tarrant County Information Technology for our Northeast Tarrant County offices. We are happy to have you as part of the Northeast Tarrant County family!

**A Record-Breaking April for the Northeast Passport Acceptance Office**



The Northeast Passport office had a record-breaking April! Seven hundred and sixteen applications were accepted; this far surpasses any previous month since our opening in the Fall of 2019.

alzheimer's  association®

800.272.3900 | alz.org®

The Alzheimer's Association North Central Texas Chapter is based in Fort Worth and has regional offices in Abilene, Waco, and Wichita Falls. With a mission of a world without Alzheimer's and all other dementia®, the NC Texas Chapter services 40 counties with much-needed resources.

June is Alzheimer's and Brain Awareness Month. In America alone, over 6 million Americans have Alzheimer's disease, and those numbers keep on climbing. It is a disease that can affect all ages. This month, our organization encourages people to participate, either online or in-person or at our event, The Longest Day®. On June 20th – the day of the summer solstice – participants nationwide will fight the darkness of brain diseases (like Alzheimer's) through fundraising activities of their choice.

Our chapter of the Alzheimer's Association is excited to advocate some of our Support Resources and Education Series to coincide with this month's theme.

**Our Year-Round Programs and Services**

Education and support for people with dementia and those who care for them.

- Caregiver/Early-Stage Support Groups: Conducted by trained facilitators to build a

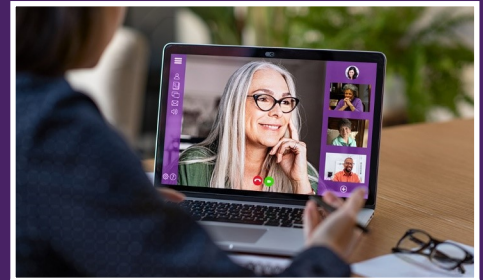
- support system
- Early-Stage Social Engagement Groups: Quality support, socialization, and advocacy opportunities for people in early stages.
- Care Consultation: Help with navigating difficult decisions.
- 24/7 Helpline at 800-272-3900
- REACH: Resources for Enhancing Alzheimer's Caregiver Health (REACH)
- Education for Professionals and Caregivers through online workshops
- And many more resources online

**Virtual Memory Management Series in June**

Participants can join by phone at 800-272-3900 or online at [alznc.texasnews/MMS2021](http://alznc.texasnews/MMS2021).

- June 2nd: Is it normal aging, or something more? This presentation includes a Dementia Live Simulation
- June 9th: Deepen your understanding of Alzheimer's and dementia with an education program and Dementia Live Simulation
- June 16th: Maintain and even improve health at all ages and stages. This program presentation includes a healthy cooking demo.

Other helpful presentations are available on our training website at <https://training.alz.org/>



Article courtesy of Holly Taylor, LMSW, Program Manager

**CONGRATULATIONS!**

**Graduate**

Congratulations Theresa!



Theresa Parsons, Assistant Precinct Administrator for Commissioner Gary Fickes, Precinct 3, completed her Bachelor of Science in Business Management Degree from Western Governors University on May 4, 2021.

**Promotion**

Congratulations Eliane!



Eliane Matteo was recently promoted to the Vital Records Associate Clerk position at the NE Courthouse. She began her career with the County in December 2020 in the County Clerk's mailroom/phone bank. Due to her hard work and diligence, she quickly ascended to her new job in the Vital Records office.

**Promotion**

Congratulations Gabrielle!



Gabrielle Hernandez Molina with the Tarrant County Tax Assessor's office was promoted to Supervisor at the Northeast Tax office. Gabrielle has been with the Tax office close to seven years and welcomes the new responsibilities of this position.

**Retirement**

Congratulations Paul!



**Paul Marigny**  
Equipment Operator

Congratulations on 13 Years of Service to Precinct 3 and Tarrant County!

We wish you all the best in your retirement!

## A Historical Moment in Time

### The Fort Worth Stockyards National Historic District - Hotel Drover and Mule Alley

With the recent grand opening of Hotel Drover and restoration of historic Mule Alley, the Fort Worth Stockyards National Historic District is poised to preserve its unique western heritage for generations to come.

Hotel Drover embodies rustic luxury design through modern hacienda décor that honors the historical past of the Fort Worth Stockyards and the legendary men and women who drove cattle along the Chisholm Trail in the 1800s. The hotel embodies the same pioneering spirit and key principles of honor and dignity exemplified by the drovers and great cattlemen during this time. Located on Mule Alley fronting Marine Creek, the western resort offers over two acres of outdoor living space, fire pits, flagstone courtyards, multiple water features, a music stage, and outdoor games. The hotel also offers horse-back riding, whiskey tastings, and s'mores kits. A one-of-a-kind tribute to western lifestyle, Hotel Drover has fireplace suites, bunkhouse rooms, and vintage-inspired retreats, all with an eye on embracing the Stockyard's rich Texas history.

Recently restored Mule Alley, comprised of two 108-year-old horse and mule barns, features many of the region's most iconic western brands. Retail includes King Ranch Saddle Shop, Lucchese Bootmaker, Kimes Ranch, Wrangler, HBarC, Proper Supply featuring Stetson, and the American Paint Horse Association's PH Barn Door. For dining, Mule Alley embraces Texas cuisine with offerings by some of the region's finest chefs, including Marcus Paslay, Tim Love, and Grant Morgan. Mule Alley features Provender Hall, Biscuit Bar, 97 West Kitchen & Bar, Sidesaddle Saloon, Shake Shack, and soon to open, Second Rodeo Brewing Co.

Both projects are due to the efforts of the Stockyards Heritage Development Company, a partnership established in 2012 between nationally recognized Majestic Realty Co. and Fort Worth's Hickman Investments. Created with the intention of thoughtfully reimagining the historic Fort Worth Stockyards, the company is dedicated to preserving the National Historic District legacy for locals and visitors alike.



HOTEL DROVER



MULE ALLEY

*Article courtesy of Dena Newell, Director of Marketing & Tourism Stockyards Heritage Development Co.*

### Precinct 3 Maintenance Department



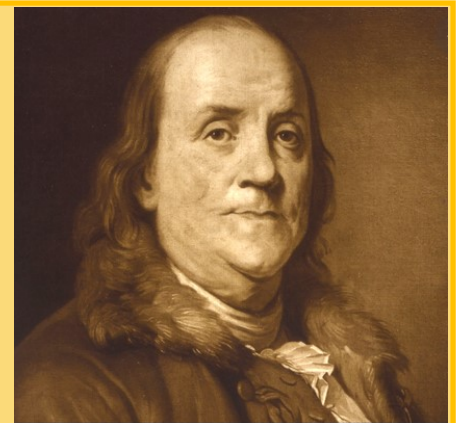
Precinct 3 crews reconstruct more than 26 miles of roadway every year using a full-depth reclamation (FDR) process. This process reuses the existing roadbed materials and incorporates cement slurry to create a new, stronger road base. This process is environmentally friendly, cost-effective, and can be accomplished very quickly with minimal traffic disruption. This past year, Precinct 3 purchased a Wirtgen Reclaimer equipped with a slurry pump and injection system that optimizes this process. Precinct 3's implementation of the improved process has been so successful that the Precinct 3 crew was highlighted in the Kirby-Smith spring newsletter.



## Question of the Month

**Question:** Who was the only founding father that put his signature on all four primary documents that created the United States of America? The four documents are: the Treaty of Peace with Great Britain, the Declaration of Independence, the Treaty of Alliance with France, and the Constitution of the United States.

**Answer:** Benjamin Franklin was the only person to put his signature on all four primary documents that created the United States of America.



## Tarrant County Emergency Rental Assistance Program (ERAP)

The 2020 Care 4 Tarrant program provided rental assistance to over 2,300 households within Tarrant County, but a large need still exists. Through ERAP, Tarrant County hopes to continue providing rent and utility assistance to residents financially hurt by COVID-19. ERAP is open to Tarrant County renters outside the cities of Fort Worth and Arlington.

Applications opened on Monday, March 29th, 2021.

For more information on the new Emergency Rental Assistance Program, please review the [FAQs](#) and [Documentation Requirements](#) or visit the website [here](#).

Should your organization have questions about this program, please contact [ERAPInfo@tarrantcounty.com](mailto:ERAPInfo@tarrantcounty.com)
















<b>Winter Storm Disaster Assistance</b>	<b>Disaster Assistance</b> <a href="http://www.disasterassistance.gov">www.disasterassistance.gov</a>	<b>Texas Health and Human Services</b> <a href="http://www.211texas.org">www.211texas.org</a>	<b>Texas Workforce Commission</b> <a href="http://www.twc.texas.gov">www.twc.texas.gov</a>
	<b>FEMA</b> <a href="http://www.fema.gov">www.fema.gov</a>	<b>TDI- Texas Department of Insurance</b> <a href="http://www.tdi.texas.gov">www.tdi.texas.gov</a>	<b>U.S. Small Business Administration</b> <a href="https://disasterloanassistance.sba.gov">https://disasterloanassistance.sba.gov</a>
	<b>Tarrant Area Food Bank</b> <a href="http://www.tafb.org">www.tafb.org</a>		

## COVID-19 INFORMATION

**CARE 4 TARRANT**

[Tarrant County Coronavirus \(Covid-19\) Information Page](#)  
[Tarrant County COVID-19 Updates; County Declarations and Orders](#)

 <a href="#">Covid-19 Vaccine</a>	 <a href="#">Covid-19 Testing</a>	 <a href="#">Report a Covid-19 Case</a>	 <a href="#">About Covid-19</a>	 <a href="#">Contact Tracing</a>	 <a href="#">Contact Tracing Alert Messaging</a>	 <a href="#">Local County Orders</a>
 <a href="#">Latest News</a>	 <a href="#">Covid-19 Family Resources</a>	 <a href="#">Covid-19 Transmission</a>	 <a href="#">Covid-19 Health Guidance</a>	 <a href="#">Frequently Asked Questions</a>	 <a href="#">Covid-19 Guidance for Schools</a>	<div style="background-color: #1a3d2d; color: white; padding: 5px; text-align: center; margin-bottom: 5px;"><b>En Español</b></div> <div style="background-color: #1a3d2d; color: white; padding: 5px; text-align: center;"><b>Tiếng Việt</b></div>

## Community Resources & Volunteer Opportunities

- |   |  |  |
|---|--|--|
| <ul style="list-style-type: none"> <li><a href="#">6 Stones</a></li> <li><a href="#">ACH Child &amp; Family Services</a></li> <li><a href="#">Alliance for Children</a></li> <li><a href="#">Area Agency on Aging</a></li> <li><a href="#">Catholic Charities Fort Worth</a></li> <li><a href="#">Christ's Haven for Children</a></li> <li><a href="#">Community Enrichment Center (CEC)</a></li> <li><a href="#">Community Storehouse</a></li> </ul> | <ul style="list-style-type: none"> <li><a href="#">The Gatehouse</a></li> <li><a href="#">GRACE</a></li> <li><a href="#">Meals on Wheels of Tarrant County</a></li> <li><a href="#">Metroport Meals on Wheels</a></li> <li><a href="#">Mid-Cities Care Corps</a></li> <li><a href="#">Mission Central</a></li> <li><a href="#">North Texas SNAP</a></li> <li><a href="#">One Safe Place</a></li> </ul> | <ul style="list-style-type: none"> <li><a href="#">SafeHaven of Tarrant County</a></li> <li><a href="#">Salvation Army DFW</a></li> <li><a href="#">Sixty and Better</a></li> <li><a href="#">Tarrant Area Food Bank</a></li> <li><a href="#">Tarrant County Homeless Coalition</a></li> <li><a href="#">The Women's Center of Tarrant County</a></li> <li><a href="#">United Way of Tarrant County</a></li> </ul> |
|---|--|--|

## 2-1-1 ASSISTANCE FOR FAMILIES IN NEED

[www.211texas.org](http://www.211texas.org) is a website for individuals needing assistance.  
For COVID-19 related questions, enter "COVID-19" as search term.

You can also dial 211. The phone line is serviced 24/7.

**Precinct 3  
Maintenance Center News  
June 2021**



Precinct 3 continues to complete a record number of projects in our cities each year. We have implemented some new technologies and methods to improve our full-depth reclamation process, increasing our productivity and improving our quality.

We are on schedule to complete 66 projects in 12 cities this year and four major projects on our Precinct 3 county roads. This winter, we completed an extension of John Day Rd. in the City of Haslet. John Day Road now connects Blue Mound Rd. to Avondale Haslet Rd. We also added turn lanes at the Bonds Ranch Rd. and Wagley Robertson Rd. intersection to improve traffic operations and safety.

Currently, there is a shortage of some construction materials that has affected our production. Still, we are staying flexible and have adapted to these issues and continue to keep on schedule.

**INTERLOCAL PROJECTS**

Interlocal projects are a cooperative effort between Tarrant County and cities to complete needed resurfacing and rehabilitation on selected city streets. The city provides the material funding, and the county provides the labor and equipment to perform the work. Projects we have completed, are in progress, or scheduled within the past year include:

**Bedford**

- Forest Ridge Phase 1 (completed Mar. 2021)
- Forest Ridge Phase 2 (completed Mar. 2021)
- L. Don Dodson (completed Mar. 2021)

**Colleyville**

- John McCain Rd. (completed Nov. 2020)
- Bowden Hill Ln. (completed Apr. 2021)
- Cheshire Dr. (completed Apr. 2021)
- Chrimac Way (completed Apr. 2021)

- Devon Dr. (completed Apr. 2021)
- Dorset Dr. (completed Apr. 2021)
- Durham Dr. (completed Apr. 2021)
- Langley Hill Ln. (completed Apr. 2021)
- Scarborough Lane Ct. (completed Apr. 2021)
- Scarborough Lane East (completed Apr. 2021)
- Warwick St. (completed Apr. 2021)
- Lexington Pkwy. (completed Apr. 2021)
- Martin Pkwy. (complete Apr. 2021)
- Middleton Way (completed Apr. 2021)
- Pembroke Pkwy. (completed Apr. 2021)
- Pembroke Pkwy S. (completed Apr. 2021)
- York Dr. (completed Apr. 2021)
- Black Dr. (completed May 2021)

**Eules**

- Martha St. (Scheduled Sept. 2021)
- Sunset Dr. (Scheduled Sept. 2021)
- Vine St. (Scheduled Sept. 2021)
- Whitner Rd. (Scheduled Sept. 2021)
- Simmons St. (Scheduled Sept. 2021)

**Fort Worth**

- South Eules Main (Completed Nov. 2020)
- Tarrant Main (Completed Nov. 2020)
- Keller Hicks (Completed May 2021)
- Ridgetop Rd. (Scheduled Aug. 2021)
- Katy Rd. (Scheduled Aug. 2021)
- Singleton Ct. (Scheduled Nov. 2021)
- Velda Kay Ln. (Scheduled Nov. 2021)
- Whisper Willows (Scheduled Nov. 2021)
- Moss Dr. (Scheduled Nov. 2021)
- Willow Ranch Way (Scheduled Nov. 2021)
- Willow Tree Dr. (Scheduled Nov. 2021)
- Willow Tree Ct. (Scheduled Nov. 2021)
- Weeping Willow Dr. (Scheduled Dec. 2021)
- Western Willow Dr. (Scheduled Dec. 2021)
- Willow Crossing Dr. (Scheduled Dec. 2021)
- Wisper Willow Ct. (Scheduled Dec. 2021)

**Haslet**

- Blue Mound Rd. (Completed Oct. 2020)
- John Day Rd. (Completed Feb. 2021)

**Hurst**

- Brown Trail (Completed May 2021)
- Holder Dr. (Completed May 2021)
- Holloway Ct. (Completed May 2021)
- Post Oak Dr. (Completed May 2021)
- Post Oak Ct. (Completed May 2021)
- T.C.C. Rd. (Completed May 2021)

**Keller**

- Roanoke Rd. (Completed Mar. 2021)
- Johnson Rd. (Completed Apr. 2021)

**North Richland Hills**

- Stoneybrook Dr. (Scheduled Oct. 2021)

**Richland Hills**

- Dreeben Rd. (BISD) (Scheduled Jul. 2021)
- Vance Rd. (Scheduled Oct. 2021)

**Southlake**

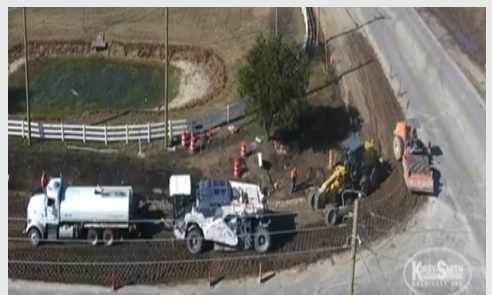
- Carroll Ave. (Scheduled Jun. 2021)

**Watauga**

- Miles Dr. (Scheduled Oct. 2021)
- Moss Ln. (Scheduled Oct. 2021)
- Haney Ct. (Scheduled Oct. 2021)
- Bernadine St. (Scheduled Sept. 2021)
- Willow View Dr. (Scheduled Sept. 2021)
- Redbud Rd. (Scheduled Sept. 2021)

**Westlake**

- Ottinger Rd. Phase 1 (Scheduled Jun. 2021)
- Ottinger Rd. Phase 2 (Scheduled June 2021)
- Ottinger Rd. Phase 3 (Scheduled June 2021)



*Bonds Ranch and Wagley Robertson turn lane construction using new soil stabilization techniques.*

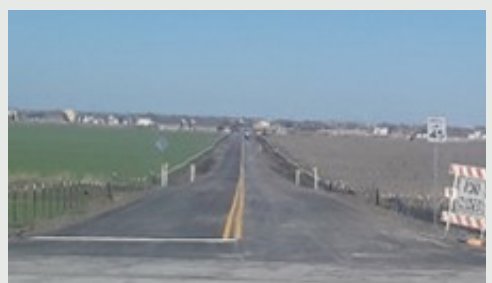
**PCT. 3, TARRANT COUNTY PROJECTS**

- Haslet Roanoke Rd. (Completed May 2021)
- Wagley Robertson Rd. (Completed Feb. 2021)
- Bonds Ranch Rd. (Completed Feb. 2021)
- Harmon Rd. (Completed May 2021)

We are currently asking for projects to fill our fiscal year 2022 calendar from all the cities within Precinct 3.

As a reminder, your safety and the safety of our crews and their families are of the utmost importance. When encountering any type of roadway construction or maintenance, please be patient, drive slowly through the construction area, and be keenly aware of the equipment and personnel working around you to make your commute safer for everyone.

*Article courtesy of Anthony Jaramillo, Assistant Director of Field Operations*



*John Day Road from Start to Finish*

Welcome to our series “Northeast Tarrant County Cities,” where we share information about one of the cities located in Precinct 3 in each newsletter. It’s impossible to share everything on one page that makes a city great, but we hope to scratch the surface on what makes each city a wonderful place to live, work, and play.

Northeast Tarrant County is home to 14 municipalities in one of the most urbanized regions in the State of Texas. Commissioner Fickes, along with Tarrant County, partners with many entities, including our cities. With these partnerships, our communities continue to thrive via road projects, economic development, public health services, public safety, and emergency management.

**H**urst, a town of approximately 38,655 people within 9.92 square miles, is a centrally located community within the heart of the Dallas-Fort Worth Metroplex in Tarrant County. Major attractions in the city include North East Mall, Tarrant County College – Northeast Campus, and Bell Helicopter.

Hurst-Eules-Bedford (HEB) School District serves the City of Hurst. With more than 22,834 students, HEB ISD is rich in diversity with more than 60 different spoken native languages. This gives the district a distinctly international flavor.

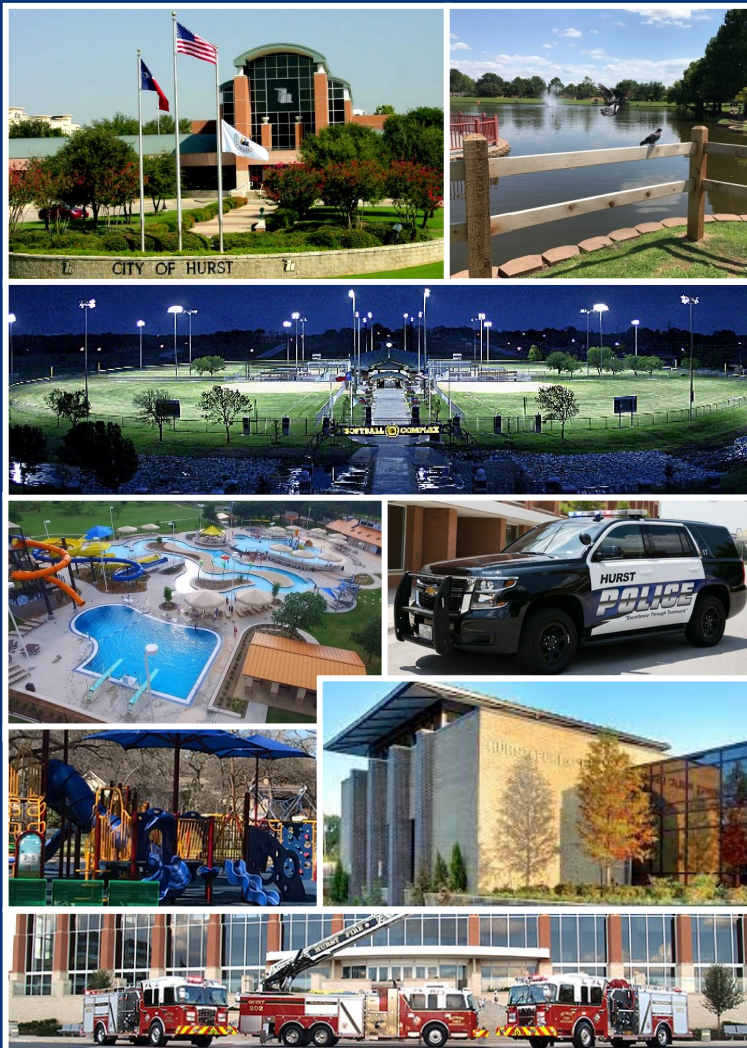
The City of Hurst offers well-maintained, active parks and community facilities. Some highlights include the Community Parks: Chisholm Park that brings the great outdoors into the city by providing family fishing opportunities; Central Park, which is home to the Hurst Recreation Center, the Central Aquatics Center, and the Tennis Center; and Hurst Community Park providing outdoor fun with baseball fields and soccer fields. Residents can also enjoy the Cotton Belt Trail and Plainview Drive Greenbelt walking trails and the many neighborhood parks located throughout the area.

Hurst’s Public Library acts as a vital educational institution to all citizens by providing access to information and offering professional assistance, materials, and programs supporting life-long learning, social needs, cultural enrichment, and leisure interests. The Library has resumed in-person programming and continues to offer virtual options.

The Hurst Police Department is a nationally accredited law enforcement agency, providing 24-hour response to the community’s needs. The two divisions within the Department, Administrative Services and Operational Services, provide numerous specialized public safety services to the citizens of Hurst. The Department is a diverse community-based agency offering modern, professional, and courteous service to Hurst residents and the Northeast Tarrant County area. Their Mission Statement reflects their dedication to providing exceptional service to citizens and employees through a problem-solving approach, emphasizing a commitment to “Excellence Through Teamwork.”

Fire Operations consists of 3 shifts of 51 firefighters, who work 48-hour rotations and report to the Assistant Chief. Each shift consists of a Shift Captain, 3 Lieutenants, 3 Driver Engineers, and 10 Firefighter/paramedics. They handle two engines, a quint-aerial/ladder truck, and two ALS ambulances, which are always available for emergencies. Engines respond to all first aid calls to enhance available manpower and treatment.

You’re invited to visit the City of Hurst and experience this “Community Built on Connection.”



**City of Hurst**

1505 Precinct Line Rd., Hurst, Texas 76054

**817-788-7000**

- **Emergencies** ..... 9-1-1
- Police Non-Emergency ..... 817-788-7180
- Fire Department ..... 817-788-7238
- Animal Control ..... 817-788-7216
- Economic Development ..... 817-788-7025
- Human Resources ..... 817-788-7012
- Municipal Court ..... 817-788-7045
- Parks and Recreation ..... 817-788-7220
- Building Permits ..... 817-788-7088
- City Manager’s Office ..... 817-788-7027
- City Secretary’s Office ..... 817-788-7042

[www.hursttx.gov](http://www.hursttx.gov)





## EMPOWERING SENIORS CONTINUES THROUGHOUT THE YEAR

### Do You Love To Paint?



As part of our mission to connect with seniors, we are starting an **EXCITING NEW PROJECT**. To help us kick it off, we need people who are 50+ that love to paint. If you have a few hours to spare and can join us at the Northeast Courthouse on **Thursday, July 15th, from 8:30 a.m. to noon** for some relaxing fun, call us at **817-248-6295** to secure your spot. Refreshments will be served, and you will have a chance to win a door prize!

**To allow for social distancing, we only have room for 20 people, so call TODAY!**

We will provide each participant with their own set of supplies to complete their project. You will be a part of an exciting new adventure that we will reveal to the public on Friday, July 23rd.



Also, a new word scramble game starts **Friday, June 25**. Submit your solution to the game for **your chance to win a \$100.00 VISA GIFT CARD!** Good Luck!

<https://empoweringseniors.com>

*Shortcuts to your favorite places... Click on the box of your choice.*

Sponsors

Special Guest Videos

Virtual Expo

Ask the Doctor/ Provider

Resources

Other Helpful Videos

Fun and Activities

## Keep Your Eyes on Your Eyes

### June is Cataract Awareness Month

Of all of our five senses, the one that many people hold most dear is the gift of sight. The ability to watch our children and grandchildren grow, to marvel at the majesty of a sunset, and to enjoy our favorite movie are some of life's most precious rewards. But as we get older, our eyes get older too, which makes June's Cataract Awareness Month so important.

A cataract is a clouding of the eye's lens, which blocks or changes the passage of light into the eye. When this happens, vision may become blurry or dim. More importantly, cataracts are the world's leading cause of blindness. In the United States alone, more than 25 million Americans are estimated to have cataracts. Furthermore, as the population in America continues to age, the number of cataract cases is projected to increase by 50 percent to 38.5 million by 2032.

Because a cataract does not generally cause pain, redness, or tears, it is important to be on guard for its symptoms. These include:

- Decreasing vision with age
- Blurred or double vision
- Seeing halos around bright lights
- Difficulty distinguishing colors
- Frequent prescription changes for glasses
- Difficulty reading

While age is the most common reason for cataracts (and a natural result of aging), other risk factors can contribute to the development of cataracts including certain hereditary and physical traits, along with certain lifestyle habits. Among these are:

- Intense heat or long-term exposure to UV rays from the sun
- Certain diseases, such as diabetes
- Inflammation in the eye
- Hereditary influences
- Events before birth, such as German measles in the mother

- Long-term steroid use
- Eye injuries
- Eye diseases
- Smoking

Fortunately, surgical procedures to remove cataracts have evolved considerably and can literally restore vision within minutes (typically under 30 minutes) with a fast, minor, and virtually pain-free procedure. Because cataracts are so common, and because the issue can be easily treated at a very high success rate, cataract surgery has become the most commonly performed surgery in the U.S. each year.

In cataract surgery, the natural lens of the eye is removed and replaced with an artificial intraocular lens which allows the patient to see clearly again. In addition to improving vision, cataract surgery has also been shown to improve quality of life. And better vision means you can get back to doing the things you love and have to worry less that poor sight could contribute to a devastating fall.

To make sure cataracts don't affect your vision, let Cataract Awareness Month be your reminder to get regular eye exams and watch for the warning signs. Doing so is the best way to make sure that you will see clearly today and in the years to come.



Article courtesy of Care N' Care Insurance Company, the Presenting Sponsor of Empowering Seniors.

**care@care**  
Insurance Company, Inc.

# SENIOR NEWS



## HEAT, STRESS and SENIORS

Heat stress may affect older people more than others. Some people aged 65 and over may be at an increased risk of heat-related illnesses and need special care in hot weather. Risk factors include living alone, chronic medical problems, and certain medications.

Heat stress occurs when the body can't cool itself and maintain a healthy temperature. The body normally cools itself by sweating, but sometimes sweating isn't enough and the body temperature keeps rising. Heat stress is also known as hyperthermia. Heat-related illnesses range from mild conditions such as a rash or cramps to serious and potentially life-threatening conditions such as heatstroke.

The symptoms depend on the heat-related illness but may include: hot and dry skin, paleness, rapid heart rate, muscle cramps, nausea and vomiting, disorientation and confusion, delirium, fainting or coma, and worsening of pre-existing medical conditions.

Some medications increase the risk of heat stress. Risk varies according to the medication, for example:

- Beta-blockers (heart tablets) reduce the ability of the heart and lungs to adapt to stresses, including hot weather.
- Diuretics (fluid tablets) act on the kidneys and encourage fluid loss. This can quickly lead to dehydration in hot weather.
- Opioids and sedatives can reduce the person's awareness of physical discomfort, which means symptoms of heat stress may be ignored.

This is only a small list of medications. Be sure to discuss your medications and heat reactions with your doctor or pharmacist.



### Self-Help Suggestions to Avoid Heat Stress

It is crucial to be sensible in hot weather, remember to: **stay indoors, avoid strenuous activities, wear lightweight clothing, and drink cool water throughout the day.** Other simple actions that can reduce your risk of heat stress include:

- **Watch Weather Reports** - temperatures above 98.6°F are particularly dangerous; also note the humidity level because sweating is not as effective at cooling you down when the weather is very humid.
- **Reduce caffeine and alcohol** - caffeinated and alcoholic drinks have mild diuretic action. Limit tea, coffee, and alcohol in hot weather.
- **Take note of the color of your urine** - brown or dark yellow urine suggests dehydration.

For more information: <https://www.cdc.gov/disasters/extremeheat/older-adults-heat.html>

June is  
**Men's Health Month**



### EXTREME HEAT COOLING CENTERS

Exposure to even short periods of extreme heat can cause serious health problems. Check here for Extreme Heat Cooling Centers in the area:

[United Way of Tarrant County](https://www.tarrantcares.org) or call 211 | [www.TarrantCares.org](http://www.TarrantCares.org)



**Senior Synergy**

**REGISTER**  
**HERE**

If you are 50 years of age or better, Senior Synergy Expo is for you! Tarrant County Judge Glen Whitley invites you to learn more about the services and opportunities for healthy living available to you in Tarrant County.

Location: Will Rogers Amon G. Carter Jr. Exhibits Hall  
3400 Burnett-Tandy Drive  
Fort Worth, TX 76107

If you are interested in more information, please email [Kathryn](mailto:Kathryn@seniorsynergy.com), or call: 817-884-1234.

**Thursday,**  
**July 1, 2021**

## Calendar

- Jun 14 Flag Day.....
- Jun 18 Coffee with the Commissioner ..... 817-248-6295
- Jun 20 Father's Day.....
- Jun 20 Alzheimer's Association - The Longest Day ..... [www.act.alz.org](http://www.act.alz.org)
- Jun 28 Keller Chamber Job - Fest 2021 ..... [www.kellerchamber.com](http://www.kellerchamber.com)
- Jul 1 Senior Synergy Expo..... [www.tarrantcounty.com](http://www.tarrantcounty.com)
- Jul 4 Independence Day.....
- Jul 12 MOW of Tarrant County Golf Classic ..... [www.mealsonwheels.org](http://www.mealsonwheels.org)
- Jul 17 Keller Chamber Home, Lawn & Garden Expo ... [www.kellerchamber.com](http://www.kellerchamber.com)
- Jul 18 GRACE: Designer Bags & Bingo ..... [www.grace.org](http://www.grace.org)
- Jul 29-31 6Stones Operation Back 2 School ..... [www.6stones.org](http://www.6stones.org)
- Aug 3 National Night Out ..... [www.natw.org](http://www.natw.org)
- Aug 6-8 Sales Tax Free Weekend..... [www.comptroller.texas.gov](http://www.comptroller.texas.gov)
- Aug 18 First Day of School.....

## Chambers of Commerce

- Colleyville Chamber of Commerce ..... [www.colleyvillechamber.org](http://www.colleyvillechamber.org)
- Grapevine Chamber of Commerce ..... [www.grapevinechamber.org](http://www.grapevinechamber.org)
- HEB Chamber of Commerce ..... [www.heb.org](http://www.heb.org)
- Greater Keller Chamber ..... [www.kellerchamber.com](http://www.kellerchamber.com)
- NE Tarrant Chamber of Commerce ..... [www.netarrant.org](http://www.netarrant.org)
- Metroport Chamber ..... [www.metroportchamber.org](http://www.metroportchamber.org)
- Southlake Chamber ..... [www.southlakechamber.com](http://www.southlakechamber.com)

## Senior Centers

- |                                       |                |  |
|---------------------------------------|----------------|--|
| Bedford Senior Center .....           | (817) 952-2326 | <a href="http://www.bedfordtx.gov">www.bedfordtx.gov</a>           |
| Colleyville Senior Center .....       | (817) 503-1195 | <a href="http://www.colleyville.com">www.colleyville.com</a>       |
| Eules Family Life Sr. Center.....     | (817) 685-1671 | <a href="http://www.eulesstx.gov">www.eulesstx.gov</a>             |
| Grapevine Active Adults at The REC    | (817) 410-3465 | <a href="http://www.gograpevine.com">www.gograpevine.com</a>       |
| Haltom City Sr. Citizens Center.....  | (817) 834-8021 | <a href="http://www.haltomcitytx.com">www.haltomcitytx.com</a>     |
| Haslet Senior Weekly Meetings .....   | (817) 439-5931 | <a href="http://www.haslet.org">www.haslet.org</a>                 |
| Hurst Sr. Citizens Activities Center  | (817) 788-7710 | <a href="http://www.ci.hurst.tx.us">www.ci.hurst.tx.us</a>         |
| Keller Senior Activities Center.....  | (817) 743-4370 | <a href="http://www.cityofkeller.com">www.cityofkeller.com</a>     |
| N. Richland Hills Senior Center ..... | (817) 427-6600 | <a href="http://www.nrhtx.com">www.nrhtx.com</a>                   |
| Richland Hills Sr. Activities Center  | (817) 616-3738 | <a href="http://www.richlandhills.com">www.richlandhills.com</a>   |
| Southlake Senior Activity Center .... | (817) 748-8315 | <a href="http://www.ci.southlake.tx.us">www.ci.southlake.tx.us</a> |
| Watauga Senior Center .....           | (817) 514-5892 | <a href="http://www.ci.watauga.tx.us">www.ci.watauga.tx.us</a>     |

*(Please note, center opening and hours have changed due to the public health situation. Be sure to call them for current information concerning their center.)*

## 4th of July Celebrations

- Jun 25 Colleyville Stars and Guitars ..... [www.colleyville.com](http://www.colleyville.com)
- Jul 2 Hurst Stars & Stripes Fireworks Show ..... [www.hursttx.gov](http://www.hursttx.gov)
- Jul 3 Light Up Keller Event ..... [www.kellerchamber.com](http://www.kellerchamber.com)
- Jul 3 Richland Hills Red, White & YOU! ..... [www.thelinkrec.com](http://www.thelinkrec.com)
- Jul 3 Southlake Stars & Stripes ..... [www.visitsouthlaketexas.com](http://www.visitsouthlaketexas.com)
- Jul 3 Roanoke Fireworks & Festival ..... [www.roanoketexas.com](http://www.roanoketexas.com)
- Jul 4 Town of Trophy Club Fourth of July Celebration .... [www.trophyclub.org](http://www.trophyclub.org)
- Jul 4 Bedford July 4thFest ..... [www.bedfordtx.gov](http://www.bedfordtx.gov)
- Jul 4 Grapevine Annual Fireworks Extravaganza [www.grapevinetexasusa.com](http://www.grapevinetexasusa.com)
- Jul 4 Fort Worth Fourth's Celebration ..... [www.fortworthsfourth.com](http://www.fortworthsfourth.com)
- Jul 4 Family 4th Celebration & Fireworks ..... [www.netarrant.org](http://www.netarrant.org)

(Haltom City, NRH, Richland Hills, Watauga & NE Tarrant Chamber)



Centered in Care  
Powered by Pride

## Locations In Northeast Tarrant County

### Health Clinics

- Grapevine/Colleyville Health Center ... 817-251-5751  
3050 Timberline Drive, Grapevine 76051
- Gertrude Tarpley JPS Health Center .. 817-514-5036  
6601 Watauga Road, Watauga 76148
- JPS Medical Home Northeast Tarrant 817-702-1100  
3200 W. Eules Boulevard, Eules 76040

For a complete list of Health Clinics visit:  
[www.jpshealthnet.org](http://www.jpshealthnet.org)



## COUNTY HOLIDAY CLOSINGS

**July 5 - Observance of  
Independence Day**

## Commissioner's Office Precinct 3

Gary Fickes, Commissioner  
[gfitckes@tarrantcounty.com](mailto:gfitckes@tarrantcounty.com)

Rebecca Barksdale, Precinct Administrator  
[rbarksdale@tarrantcounty.com](mailto:rbarksdale@tarrantcounty.com)

Devin Sanders, Community Outreach Coordinator  
[dwsanders@tarrantcounty.com](mailto:dwsanders@tarrantcounty.com)

Theresa Parsons, Assistant Precinct Administrator  
[tparsons@tarrantcounty.com](mailto:tparsons@tarrantcounty.com)

Freida Landerholm, Office Administrator  
[finlanderholm@tarrantcounty.com](mailto:finlanderholm@tarrantcounty.com)

Dee Long, Office Administrator  
[sdlong@tarrantcounty.com](mailto:sdlong@tarrantcounty.com)

**Northeast Courthouse**  
645 Grapevine Highway, Suite 200  
Hurst, Texas 76054  
817-248-6295  
Fax: 817-581-3603