



COMMISSIONER'S CORNER



Since our February newsletter, we concluded our 9th Annual Northeast Tarrant Transportation Summit that was held on Friday, February 16th at the Hurst Conference Center. Thank you to

all of our speakers and panelists as well as our sponsors and volunteers who made the event possible. For event highlights, presentations, and sponsors from our summit themed "The Future of Transportation is Looking Up!", please visit our website www.netransportationsummit.com

April is a special month for me as it is National Donate Life Month, and we celebrate those who have saved lives through the gift of organ donations. Close to 13,000 Texans are currently awaiting a lifesaving transplant. As an organ recipient, I encourage everyone to consider registering as an organ, eye and tissue donor. If you would like more information, please visit www.lifegift.org.

There are two important election days for Tarrant County voters coming up in May. First, early voting for the Joint General and Special Elections for many of our municipalities will be held on Saturday, May 5th with early voting held from April 23rd to May 1st. The Primary Runoff Election will be held on Sunday, May 22nd. Several Tarrant County office races will be decided upon in this election including Tax Assessor-Collector. Early voting for this race will be from May 14th through May 18th. Visit page 5 of the newsletter for details.

My office would like you to save the date for two exciting events we have in the works. The Tarrant County Precinct 3s Summer Fun Fiesta benefitting the United Way of Tarrant County will be held at the Northeast Courthouse on Friday, June 22nd. I invite you out for a fun, summer-styled luncheon with door prizes, an online silent auction, steel drum music and more! Stay tuned for details in a future eblast.

I am excited to announce that our **10th Annual Empowering Seniors Health and Lifestyle Expo** will be held on Friday, October 5th at First Euless Campus West. This is a huge milestone and we will be announcing special details in the months to follow. If you are interested in joining us this year as a sponsor, please contact our office at 817-581-3600. Be sure to save the date, and we look forward to seeing you there!

Enjoy this issue of the Northeast Newsletter with updates on Tarrant County's new Election Administrator, Heider Garcia, The Dell Dehay Law Library of Tarrant County, Farmer Brothers Coffee, 6Stones, An Historic Moment in Time featuring the City of Colleyville, Precinct 3 Maintenance Update, Senior News, and Transportation Updates.

My team and I look forward to seeing you this Friday, April 13th at our office in the Northeast Courthouse for Coffee with the Commissioner. Join us for a hot cup of coffee and great conversation – everyone is welcome!

Gary Fickes

We'll see you Friday!

COFFEE WITH THE COMMISSIONER

Friday, April 13, 2018

7:30 a.m. to 9:00 a.m.

Start your day with us!

Northeast Courthouse

**645 Grapevine Hwy., Ste. 200
Hurst, Texas 76054**



April is... [National Donate Life Month](#)

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Question of the Month

Question: Even though Texas gained independence with their victory at the Battle of San Jacinto on April 21, 1836, Mexico did not give up her claim to Texas. When was this issue resolved?

(Answer on page 8)

The Quote of the Month - "Give me an army of West Point graduates, and I'll win a battle. Give me a handful of Texas Aggies, and I'll win the war."

—George S. Patton





Heider Garcia



**Tarrant County
Elections Administrator**

Joining Tarrant County has been such a wonderful decision. As the new Elections Administrator, my main message to the voters of Tarrant County is this: we are here to serve you, to hear your needs and ideas, and to constantly adapt ourselves to serve you better.

I was born in Pennsylvania, the son of a Venezuelan couple who were studying at Penn State. When my parents graduated, we returned to Venezuela, where I grew up. After I graduated from college as a Computer Science Engineer, I started working for a local technology firm that eventually entered the elections business. My record includes having deployed the

largest nationwide VVPAT DRE project (Venezuela) and also the largest nationwide precinct-scanner project (Philippines). I have designed election systems and voting machines - both scanners and touchscreens - from the early stages of defining the product, all the way to the hardware design, the cryptography to protect the information, the processes to deploy them and the training for the users.

But technology is not everything in elections. While a strong and reliable technology infrastructure is necessary to conduct elections, it is a mistake to operate in an isolated manner from the public. In the end, it is my goal to make sure voters of Tarrant County trust the process and accept the results of every election. You will see us more active on social media, reaching out to get feedback and increasing our outreach events. Keep an eye out for our website and Facebook page, or stop by our office and we'll find the time to hear what you have to say.

My wife, two kids, and two dogs are thrilled to be in Tarrant County, you have been amazingly welcoming. Thank y'all for that!

On a more personal note -

What do you do for fun? *Go to a concert, a soccer match, or play the bass guitar (in that order).*

Favorite Movie? *"Braveheart"*

Favorite Restaurant? *A perk of moving is that you get to pick a new favorite local restaurant.*

Favorite vacation spot? *Any beach spot*

Last book read? *The PMBOK (to get the PMP certification).*

People would be surprised to know...
People say I am good at making impressions of other people.

Dell Dehay Law Library of Tarrant County

Many people do not realize that Tarrant County has a law library that is open to the public. The Dell Dehay Law Library of Tarrant County serves the legal research needs of the Tarrant County legal community and the general public.

The Law Library was established in 1944 following the enactment of a Texas



statute creating a county law library system. In 1983, the Law Library was moved to its present quarters on the fourth floor of the newly renovated 1895 Courthouse. In 1979, the Law Library was

named the Dell Dehay Law Library of Tarrant County in honor of Dell Dehay, who served as Librarian from 1962 until 1979.

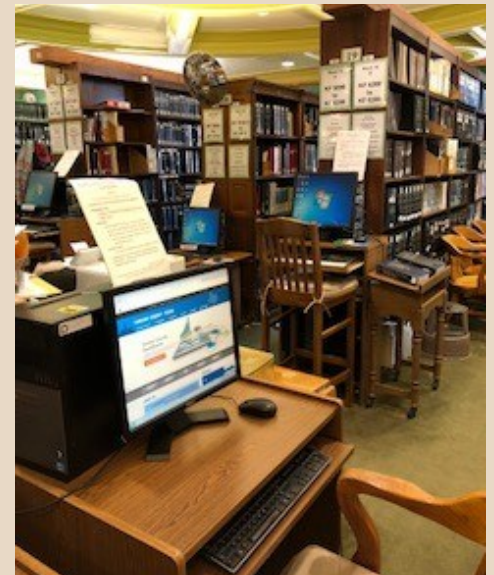
The Law Library is funded by a combination of a portion of court filing fees and user service fees. The Law Library receives direction and guidance from the Tarrant County Commissioners and a committee of judges and attorneys, appointed by the Commissioners.

Many people believe that it's possible to find everything legal-related online.

Though there is indeed a great deal more legal information available online now than in the past, it is often necessary to physically visit a law library to engage in legal research. The Law Library offers access to print materials and online databases that cover a wide range of legal topics. However, the Law Library's most valuable assets could arguably be its staff. Knowing where to start when beginning a legal research journey can be the most difficult part. The Law Library's staff are here to help everyone who comes through the doors, whether students, people representing themselves in court, attorneys, or



James Gibbs and Deneshia Garner, Library Assistants; Peggy Martindale, Assistant Law Library Director; and Holly Gerber, Law Library Director.



judges. The Law Library is open Monday through Friday from 8 am to 5 pm, and staff can also answer simple questions over the phone.

[Dell Dehay Law Library](#)

100 W. Weatherford, Room 420
Fort Worth, Texas 76196

817-884-1481

*Article courtesy of Holly Gerber,
Law Library Director*



With over 550 attendees, 45 sponsors, 7 chambers and 4 outstanding workshop sessions, NTTS 2018 was a resounding success!

Thank you to our speakers and moderators!

- Robert T. Hastings, Jr., Executive Vice President & Chief of Staff, Bell Helicopter
 - Nathan Roth, Assistant General Counsel, Virgin Hyperloop One
 - Alan Greer, Senior Vice President, Freese and Nichols, Inc.
- Kristie Chin, Director of Civic Innovation, Texas Innovation Alliance
 - Stephen Coulston, Principal, Perkins + Will
- Steven Duong, Associate Vice President of Design and Planning, AECOM
 - Russell Laughlin, Executive Vice President, Hillwood
- Al Brunner, Aviation Safety Inspector, Federal Aviation Administration
 - Scott Drennan, Director of Innovation, Bell Helicopter
 - Stan Swaintek, Head of Operations for Aviation Programs, Uber
 - Robert Hinkle, Director of Corporate Affairs, NTE Mobility Partners
- Ann Foss, Principal Planner for the Dept. of Community Development & Planning, Arlington
 - Jon Walker, Transportation Policy Manager, Lyft
 - Tom Bamonte, Senior Program Manager, NCTCOG
 - State Senator Kelly Hancock
 - Council Member Katherine Wilemon, City of Arlington
- Lauren Vay, Vice President of Marketing, *Fort Worth Business Press*
- Johan Petterson, P.E., Vice President North Texas Division, Dannenbaum Engineering
- James Dannenbaum, P.E., President/Chief Executive Officer, Dannenbaum Engineering
 - Scott Sheppard, Executive Director, 6 Stones
 - Tarrant County Judge Glen Whitley



Thank you to our partnering Chambers of Commerce!

- Colleyville Area Chamber of Commerce
- Grapevine Chamber of Commerce
- HEB Chamber of Commerce
- The Greater Keller Chamber of Commerce
- Northeast Tarrant Chamber of Commerce
- Northwest Metroport Chamber of Commerce
- Southlake Chamber of Commerce

Special Thanks To:

City of Hurst & Hurst Conference Center, Event Volunteers, Tarrant County Administration Office, IT Department, Graphics Department, Precinct 3 Maintenance Department and the Tarrant County Precinct 3 Constables

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SILVER SPONSORS



BRONZE SPONSORS

Bedford Colleyville Euless Grapevine Haslet Keller North Richland Hills Richland Hills Southlake Watauga Westlake

Precinct 3's Summer Fun Fiesta 2018

Friday, June 22nd, 2018
 10:30 a.m. to 2:00 p.m.
 Northeast Courthouse
 645 Grapevine Hwy., Hurst 76054

Steel Drum Music
 Sounds of the Tropics

Sponsored by **Tarrant County's Credit Union**
www.tccu-tx.com 817-884-1470

Best-Dressed Festive Tropical Outfit CONTEST!
 Door Prizes
 Photo Booth
 Auction Items
 Cherry Limeades

We are cookin' up something very special for our meal this year... details to follow soon.
\$8.00 per person

Join us for a day full of fun and surprises. Grab some lunch, a cherry limeade, and relax on the patio or in the nice cool community room! Come prepared for the best-dressed festive tropical outfit contest ... you just may win the grand prize!

United Way of Tarrant County | United Way

SAVE THE DATE!
 October 5, 2018

Award-Winning Empowering Seniors
 Tarrant County Commissioner Gary Fickes

Celebrating 10 Years!
 Empowering Seniors

Mark your calendars and plan on joining us at the
10th Annual Empowering Seniors Health and Wellness Expo!
 Friday, October 5, 2018

Sponsorship Information available by calling 817-581-3600
 (Exhibitor and Attendee Registration coming soon!)

AGES 50 PLUS

FIRST EULESS Campus West | 205 N. Industrial Blvd., Bedford, TX

Farmer Brothers New Headquarters and Roasting Facility



Farmer Brothers, a national coffee roaster, wholesaler and distributor of coffee, tea, and culinary products, opened its new North Texas headquarters and roasting facility in April 2017. The custom-constructed headquarters is located at 1912 Farmer Brothers Drive in Northlake.

“We are excited to write the next chapter in our company’s growth from our beautiful home in Northlake,” said CEO Mike Keown. “We have hired about 225 local employees, and we’re looking forward to being an integral part of the Northlake community and the North Texas region.”

Farmer Brothers’ new headquarters encompasses roughly 538,000 square feet. Just over half of that (315,866 sf, or more than five football fields) is devoted to the distribution center. This world-class operation features

more than 23,000 pallet spots and is currently responsible for 15,000 annual shipments to customers by both truck and rail.

The plant’s initial roasting capacity is approximately 24-28 million pounds of coffee annually, with capacity for significant future growth. The plant received its SQF certification in March 2018.

The Northlake facility can store 400 containers – 16 million pounds – of coffee, has three state-of-the-art roasters and includes a mile of coffee transportation conveyors. The coffee-processing facility can produce enough coffee to provide the equivalent of approximately one million cups of coffee per day.

In keeping with the company’s

dedication to sustainability in all its operations, Farmer Brothers’ administrative area is expected to be LEED® Silver Certified. As part of the qualifications for Silver certification, the water-efficient landscaping around the perimeter of the building helps reduce water usage, reflective paving and roofing materials combat the “heat island” effect and minimize the cooling load on the building, and low-emission LED lighting contributes to energy efficiency. Additionally, 10% recycled content was used in building construction.

*Article courtesy of Desiree Whitten
Marketing Communications Manager*



ELECTIONS

JOINT GENERAL AND SPECIAL ELECTION

Election Day - May 5, 2018

Early Voting - April 23, 2018 to May 1, 2018

[Early Voting by Personal Appearance Days, Hours, and Locations](#)



PRIMARY RUNOFF ELECTION

Election Day - May 22, 2018

Early Voting - May 14, 2018 to May 18, 2018

(Early Voting by Personal Appearance Information Coming Soon)

<http://www.tarrantcounty.com/en/elections.html>



6 Stones has been part of this community since 2009. Originally launched as a ministry under First Baptist Church Euless, the nonprofit has grown from a staff of two to a coalition of hundreds of local organizations. In the last nine years, that team of like-minded businesses, churches, nonprofits, schools, and city leaders has worked to transform the community the only way they know how: one project, one home, one life



at a time. Back in 2009, that meant improving the living conditions of two struggling families. Since then, it's looked a little more ambitious. Over 600 homes restored. School supplies for 6,000 at-risk kids every year. Tens of thousands of families clothed and fed. And, of course, Christmas for children whose parents are fighting just to keep the lights on. In all, 6 Stones has poured more than \$9 million dollars back into the community.

Nothing that happens here is an isolated incident. 6 Stones is focused on mobilizing the whole community to make the community

whole. We all have a part to play. Whether yours looks like a financial gift or a Saturday of hard work under the Texas sun, it's vital that you join us. We can't do it without you.

Your next chance is just around the corner when we'll round up a thousand of our closest friends to restore another 100 homes right here in the mid-cities on April 20-21. Please consider taking the time to volunteer for Community-Powered Revitalization.

For more on 6 Stones and the work they do here in North Texas, visit www.6stones.org.



Article courtesy of Steven Jones, Storyteller, 6 Stones

An Historical Moment in Time Colleyville, Texas

A suburb of Fort Worth on State Highway 26 in northeastern Tarrant County. The area was first settled in the 1850s, and the communities of Spring Garden, Pleasant Run, Pleasant Glade, and Red Rock (later Bransford) eventually developed in an area that is now within the city limits of Colleyville. Hilburn (or Lilburn) Howard Colley, a physician and a native of Missouri, moved to Texas in 1880 and settled in Bransford soon after. He practiced in the area for forty years. His name became associated with a community that grew up around a store founded in 1914 south of Bransford. The surrounding area gradually came to be known as Coleysville and later, Colleyville. Though the St. Louis Southwestern Railway ran through the community, the primary reason for Colleyville's growth has been its proximity to Fort Worth, where most of its residents have been employed.

The earliest reported population for Colleyville was twenty-five in 1936 when the town had two businesses; by 2013, Colleyville's population grew to 24,500.

John Rueben Webb worked on the Cotton Belt Railroad for 44 years, was the unofficial mayor of the town that became Colleyville — and manager of a fiddle band called the "Grapevine Rabbit Twisters."



Grapevine Rabbit Twisters, photograph Date Unknown; (texashistory.unt.edu/ark:/67531/metaph27922/) University of North Texas Libraries, crediting Tarrant County College NE, Heritage Room.



John Webb's children brought a horse to pose in front of the Webb House in the early 1900s. Photo courtesy of Colleyville Parks

The Tennessee native who came to Texas in 1897 also was the man who built one of Colleyville's few historic landmarks, the house named after him at 405 Shelton Drive. The old home shares an expanse of grass at Bransford Park with a train caboose and an antique baggage cart, relics of a time when the area that is now Colleyville was the town of Bransford. The city restored the house and it was dedicated in 2002.

**Precinct 3
Maintenance Center News
April 2018**



How quickly the seasons pass and with this year's fairly mild (except a couple of hard freezes) and dry weather, we were able to complete a number of county roadway projects before starting our spring and summer season of projects for our cities within Precinct 3. This year we have one of our busiest schedules for Interlocal Projects planned.

Interlocal Projects are a cooperative effort between the county and cities to complete needed resurfacing, rehabilitation, and reconstruction projects on city streets. The city provides the material funding, and the county provides the labor and equipment to perform the work. Projects we have completed or scheduled for this spring/summer include:

Interlocal Projects

- Wagley Robertson Road (Fort Worth) – Rehabilitation (Completed Oct 2017)
- Bedford Road (Colleyville) – Repairs & Resurfacing (Completed Oct 2017)
- South Pipeline Road (Segment 1) (Fort Worth) – Rehabilitation (Completed Nov 2017)
- South Pipeline Road (Segment 2) (Fort Worth) – Resurfacing (Completed Nov 2017)
- Liberty Way (North Richland Hills) – Rehabilitation (Completed Dec 2017)
- Martin Drive (Bedford) – Resurfacing (Completed Feb 2018)
- Harwood Drive (Segment 1) (Bedford) – Resurfacing (Completed Mar 2018)
- Bedford Road (Bedford) – Resurfacing (Completed Mar 2018)
- Harwood Drive (Segment 2) (Bedford) – Resurfacing (Completed Mar 2018)
- Ray White Road (Fort Worth) – Rehabilitation (Completed April 2018)
- Alta Vista Road (Fort Worth) – Rehabilitation (Completed April 2018)
- Pearson Lane (Keller) – Rehabilitation (Completed April 2018)
- Atkerson Lane (Euless) – Resurfacing (Completed Apr 2018)
- Bell Drive (Euless) – Resurfacing

- (Completed Apr 2018)
 - North Atkerson Lane and South Atkerson Lane (Euless) – Resurfacing (Scheduled Apr 2018)
 - East Alexander Lane (Euless) – Resurfacing (Scheduled Apr 2018)
 - Sunset Drive (Euless) – Resurfacing (Scheduled Apr 2018)
 - Martha Street (Euless) – Resurfacing (Scheduled Apr 2018)
 - Oakwood Drive (Euless) – Resurfacing (Scheduled Apr 2018)
 - Popplewell Street (Richland Hills) – Rehabilitation (Scheduled May 2018)
 - Montclair Drive (Colleyville) – Resurfacing (Scheduled May 2018)
 - Bluebonnet Road (Colleyville) – Resurfacing (Scheduled May 2018)
 - Wayne Drive (Colleyville) – Resurfacing (Scheduled May 2018)
 - Pleasant Run Road (Colleyville) – Resurfacing (Scheduled May 2018)
 - Susan Lee Lane (North Richland Hills) – Rehabilitation (Scheduled May 2018)
 - Cannon Drive (Hurst) – Resurfacing (Scheduled May 2018)
 - Hurstview Drive (Hurst) – Rehabilitation (Scheduled June 2018)
 - East Continental Boulevard and West Continental Boulevard (Southlake) - Resurfacing (Scheduled June 2018)
 - Keller Haslet Road (Fort Worth) – Rehabilitation (Scheduled June/July 2018)
 - School House Road (Haslet) – Resurfacing (Scheduled July 2018)
 - Rapp Road (Keller) – Rehabilitation (Scheduled July 2018)
 - Golden Triangle Boulevard (Fort Worth) – Rehabilitation (Scheduled Aug 2018)
 - Rufe Snow Drive (Keller) – Rehabilitation (Scheduled Aug 2018)
 - Boyd Drive (Segment 1) (Grapevine) – Reconstruction (Scheduled Aug 2018)
 - Boyd Drive (Segment 2) (Grapevine) – Resurfacing (Scheduled Aug 2018)
 - Dove Loop Road (Grapevine) – Resurfacing (Scheduled Sept 2018)
 - Lamar Street (Watauga) – Rehabilitation (Scheduled Sept 2018)
 - Carousel Drive (Watauga) – Rehabilitation (Scheduled Sept 2018)
 - Cedarhill Road (Watauga) – Rehabilitation (Scheduled Sept 2018)
 - Valley View Drive (Watauga) – Rehabilitation (Scheduled Sept 2018)
 - Birchill Road (Watauga) – Rehabilitation (Scheduled Oct 2018)
 - Hillcrest Drive (Watauga) – Rehabilitation (Scheduled Oct 2018)
- *Please note the schedule is subject to change.

Additionally, in May we will issue a call

for projects to the cities within Precinct 3 to start the budgeting and planning process for the fiscal year 2019.

Precinct 3 Tarrant County Projects are roadways or segments of roadway completed in unincorporated Tarrant County.

Precinct 3 Tarrant County Projects

- Spring Way Drive – Repair & Resurface (Completed Oct/Nov 2017)
- Amanda Springs Court – Repair & Resurface (Completed Oct/Nov 2017)
- Clover Springs Drive – Repair & Resurface (Completed Oct/Nov 2017)
- Meadow Springs Drive – Repair & Resurface (Completed Oct/Nov 2017)
- Grant Springs Court – Repair & Resurface (Completed Oct/Nov 2017)
- Barrett Springs Court – Repair & Resurface (Completed Oct/Nov 2017)
- Highland Springs Road – Repair & Resurface (Completed Oct/Nov 2017)
- Mallard Springs Drive – Repair & Resurface (Completed Oct/Nov 2017)
- Royce Springs Court – Repair & Resurface (Completed Oct/Nov 2017)
- Willow Springs Court – Repair & Resurface (Completed Oct/Nov 2017)
- Wood Springs Court – Repair & Resurface (Completed Oct/Nov 2017)
- Fairway Bend Drive – Repair & Resurface (Completed Oct/Nov 2017)
- Bear Springs Drive – Repair & Resurface (Completed Oct/Nov 2017)
- Greenway Crossing Drive – Repair & Resurface (Completed Oct/Nov 2017)
- Willow Creek Drive – Repair & Resurface (Completed Oct/Nov 2017)
- Hicks Avondale School Road – Rehabilitation (Completed Oct 2017)
- Lonesome Prairie Trail – Reconstruction (Completed Mar 2018)
- Lonesome Trail – Rehabilitation (Completed Mar 2018)
- Dove Valley Trail – Rehabilitation (Completed Mar 2018)
- Lonesome Star Trail – Rehabilitation (Completed Mar 2018)
- Singing Quail Trail – Rehabilitation (Scheduled Mar 2018)
- Gray Dove Trail – Rehabilitation (Completed Mar 2018)

Your safety and the safety of our crews are of the utmost importance. Please be patient, drive slowly through the construction zone, and be keenly aware of the large equipment and personnel working to make these improvements for you.

*Article courtesy of Richard Schiller,
Director of Field Operations*



Tarrant County - The Largest County In The Nation To Be Blue Zones Certified

Tarrant County was recently honored in Commissioner’s Court on March 27th for being the largest county in the Nation to be Blue Zones Certified.

A Blue Zones Project is a community-led well-being initiative designed to make healthy choices easier in Fort Worth through permanent changes to the environment, policy, and social networks. Established in 2010, Blue Zones Project was inspired by Dan Buettner, a National Geographic Fellow and *New York Times* best-selling author who identified five (5) regions of the world—or Blue Zones—with the highest concentration of people living to one hundred (100) years of age or older. A Blue Zones Project incorporates Buettner’s findings and works with cities to implement policies and programs that will move a community toward optimal health and well-being. Currently, forty-two (42) communities in nine (9) states have joined Blue Zones Project, impacting more than 3.3 million Americans nationwide. The movement includes three (3) beach cities in California, fifteen (15) cities in Iowa, Albert Lea, Minnesota, the City of Fort Worth, and communities in Southwest Florida, Hawaii, Oklahoma, Oregon, and Wisconsin.

More than twenty-five percent (25%) of Tarrant County employees have taken the Blue Zones Personal Pledge to improve their own well-being. Blue Zones Project also worked with Tarrant County to implement a variety of evidence-based best practices that optimize the environment for improved well-being. Some of the initiatives Tarrant County has implemented to earn this designation include incorporating micro breaks, lunch groups, and standing meetings.

Taking the Blue Zones Personal Pledge is just the first step to living a longer, better life. Tarrant County joins hundreds of other Fort Worth organizations including worksites, restaurants, grocery stores, schools, and faith-based groups that have become Blue Zones Project Approved or Participating Organizations.

For more information about the Blue Zones Project in Fort Worth, please visit: <https://fortworth.bluezonesproject.com/>



Pictured from the left: Commissioner Roy Brooks; Commissioner Andy Nguyen; Matt Dufrene, Vice President of Blue Zones Fort Worth; Mayor Betsy Price; Judge Glen Whitley, Commissioner Gary Fickes; Commissioner J.D. Johnson.

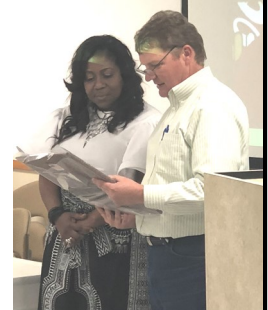
Question of the Month

Question: Even though Texas gained independence with their victory at the Battle of San Jacinto on April 21, 1836, Mexico did not give up her claim to Texas. When was this issue resolved?

Answer: It was not resolved until the Treaty of Guadalupe Hidalgo was signed after the Mexican-American War in 1848.



Mexican-American War battle scene
Library of Congress



Congratulations to Rene Smith, on her retirement after 31 years of service to Tarrant County.

Rene held the position as Operations Manager for the CSCD Northeast Field Office.

We appreciate your dedication and service.
You will be missed!

APRIL IS NATIONAL VOLUNTEER MONTH!



SENIOR NEWS



ENGAGE AT EVERY AGE: MAY 2018

Every May, the Administration on Aging, part of the Administration for Community Living, leads our nation's observance of Older Americans Month. The 2018 theme, Engage at Every Age, emphasizes that you are never too old (or young) to take part in activities that can enrich your physical, mental, and emotional well-being. It also celebrates the many ways in which older adults make a difference in our communities.

Participating in activities that promote mental and physical wellness, offering your wisdom and experience to the next generation, seeking the mentorship of someone with more life experience than you—those are just a few examples of what being engaged can mean. No matter where you are in your life, there is no better time than now to start. We hope you will join in and Engage at Every Age!

Benefits of an Active Lifestyle

Engaging in social and productive activities you enjoy, like taking an art class or becoming a volunteer in your community, may help to maintain your well-being.

Research tells us that older people with an active lifestyle:

- ⇒ Are less likely to develop certain diseases.
- ⇒ Have a longer lifespan.
- ⇒ Are happier and less depressed.
- ⇒ Are better prepared to cope with loss.

Get Out and About

- Visit a senior center and take part in its events and activities
- Go to the theater, a movie, or a sporting event and try different restaurants
- Travel with a group of older adults, such as a retiree group
- Visit friends and family
- Join a group interested in a hobby like knitting, birdwatching, painting, or wood carving
- Visit local museums. Many offer free group tours.

Learn Something New

- Take a cooking, art, dance, language, or computer class. Get in touch with your local community college. Many offer free or discounted courses for older adults.
- Form or join a book or film club
- Try yoga, tai chi, or another new physical activity
- Learn (or relearn) how to play a musical instrument

Become More Active in Your Community

- Serve meals or organize clothing donations for people in need
- Help an organization send care packages to soldiers stationed overseas
- Care for dogs and cats at an animal shelter
- Join a committee or volunteer at a school, library, museum, or hospital
- Help with gardening at a community garden or park
- Sing in a community choral group, or play in a local band or orchestra
- Get a part-time job

Be Physically Active

- Garden or help with gardening at a community garden or park
- Take an exercise class or do exercises at home
- Go dancing
- Join a sports club for older adults, like a bowling club or bocce league
- Walk or bicycle with a friend or neighbor
- Take a swimming class
- Play with your grandchildren.

For more information, please visit: <https://oam.acl.gov/index.html>

Northeast Tarrant County Senior Centers

Bedford Senior Center	(817) 952-2325	www.ci.bedford.tx.us
Colleyville Senior Center	(817) 503-1195	www.colleyville.com
Eules Family Life Sr. Center.....	(817) 685-1670	www.eulesstx.gov
Grapevine Active Adults at the REC	(817) 410-3465	www.gograpevine.com
Haltom City Sr. Citizens Center.....	(817) 834-8021	www.haltomcitytx.com
Hurst Sr. Citizens Activities Center	(817) 788-7710	www.ci.hurst.tx.us
Keller Senior Activities Center.....	(817) 431-8727	www.cityofkeller.com
NRH Senior Center	(817) 427-6620	www.nrhtx.com
Richland Hills Sr. Activities Center	(817) 616-3820	www.richlandhills.com
Southlake Senior Activity Center ...	(817) 748-8398	www.ci.southlake.tx.us
Watauga Senior Center	(817) 514-5892	www.ci.watauga.tx.us



Senior Synergy Expo 2018
Thursday, May 3, 2018
8:30 a.m. - 1:30 p.m.

Will Rogers Amon G. Carter Jr.
Exhibits Hall

www.tarrantcounty.com

April is National Volunteer Month



TAX PREPARATION ASSISTANCE

Last Day to File
Tuesday, April 17th

[AARP TAX-AIDE LOCATOR](#)

[Find a VITA or TCE Site Near You](#)

Tax Scams / Consumer Alerts

Consumers beware - know how the IRS contacts you, and what you should, and **should not do** if you receive a call, letter, or have someone come to your door.

To learn more, please visit the IRS website and/or watch one of the following videos: <https://www.irs.gov/newsroom/tax-scams-consumer-alerts>

IRS Youtube Videos About Tax Scams

Tax Scams: [English](#) | [Spanish](#) | [ASL](#)
Phishing-Malware: [English](#) | [Spanish](#) | [ASL](#)
Tax Scams via Video Relay Service [ASL](#)



Transportation

Northeast Tarrant County

DFW Connector Project

Hotline: 877-411-4212

www.dfwconnector.com



Sign up for e-alerts!

- The eastbound SH 114 off-ramp to SH 360 is temporarily closed to allow crews to complete paving work in the area. Traffic is detoured through William D. Tate Avenue during this time.
- Crews have opened the new southbound SH 121 off-ramp to SH 360 and are preparing to open the new northbound SH 121

off-ramp to William D. Tate Avenue. • NorthGate is now 92 percent complete with our work on the SH 121/360 interchange!



Midtown Express

Contact us

www.drivemidtown.com



Sign up for e-alerts!

- The Midtown Express project is now about 80 percent complete and expected to be substantially complete toward the end of the year.
- As bridges at the major intersections near completion, traffic along east and westbound SH 183 continues to shift into its final configuration. Drivers will see major intersections taking shape, as the year progresses.

• In the spring, MacArthur Boulevard will be nearing completion, followed by other intersections throughout the summer.



North Tarrant Express/ I-35W

Hotline: 888-683-2015

www.northtarrantexpress.com



Sign up for e-alerts!

- The NTE 35W construction project is proceeding toward completion later in the Summer. The portion of highway between the 820 interchange and North Tarrant Parkway is fully operational and traffic counts continue to grow. There may be additional lanes opened in the next several weeks in the segment

south of the 820/35W interchange so watch for signs of increased mobility in your commute.



Highway 26

TxDOT - N Tarrant Office

817-399-4300

sh26project.com

www.txdot.gov



Sign up for e-alerts!

- Construction of phase I of the SH 26 project is complete with southbound traffic from John McCain Road to Centerpark Drive and northbound traffic from Brown Trail to Centerpark Drive shifted to new pavement.
- Phase II construction activity will be concentrated in the center area between the northbound and

southbound travel lanes. Current phase II construction activity consists of demolition of the old pavement and asphalt base placement beginning near Centerpark Drive and progressing northward. Lane closures throughout the project limits are possible from 9 a.m. to 3 p.m. (weather permitting) and SH 26 could be reduced to one lane at times.

- The \$38.2 million project in Colleyville from John McCain Road to Brown Trail will improve mobility and safety, and consists of the widening of SH 26 from four lanes with a continuous left turn lane to six lanes with raised curb medians with left turn bays, continuous sidewalks and improved signals. The project is estimated for completion in 2019. For project information and to sign-up for e-mail alerts on construction activity, log on to: SH26Project.com



FM 1938 - Phase II

TxDOT - N Tarrant Office

817-399-4300

www.txdot.gov

Southlake 817-748-8098

www.cityofsouthlake.com

- Roadway reconstruction on FM 1938 from Brookforest Drive/Kingswood Drive to the south of FM 1709 has been completed, including the FM 1938/FM 1709 intersection.
- Roadway reconstruction from Brookforest Drive/Kingswood Drive to Randol Mill Avenue on the north end of the project continues with the rebuilding of drainage in that area.
- Construction

of a screen wall for the Myers Meadow subdivision located on the east side of FM 1938 near Johnson Road will begin this spring, as well as the installation of street lighting. The project is estimated to be completed in 2018.



Calendar of Events

- Multi-Chamber Mixer Contact any chamber office
- Apr 13 Coffee with the Commissioner**817-581-3600
- Apr 14 Victory Over Violence 5K/1K Walk/Runwww.vovfw.org
- Apr 17 Tax Day**.....
- Apr 19 23rd Annual Great Taste of Grapevinewww.grapevinechamber.org
- Apr 19 MHMR Opening Doors Dinnerwww.mhmrtc.org
- Apr 19 Hometown Heroes Celebrationwww.netarrant.org
- Apr 19-22 Main Street Fort Worth Arts Festivalwww.fortworth.com
- Apr 20 GRACE Drive Into The Night Glow Golf Tour.www.driveintotheneight.com
- Apr 20-21 6Stones CPRwww.6stones.org
- Apr 20-21 Haslet Wild West Fest & Rodeowww.haslet.org
- Apr 22 Earth Daywww.earthday.org
- Apr 24 Lena Pope Fiesta de Orowww.lenapope.org
- Apr 26 HEB Chamber Golf Classicwww.heb.org
- Apr 27 SafeHaven's Purple Partywww.safehavenc.org
- Apr 27-28 KellerFestwww.kellerchamber.com
- Apr 27-29 Art in the Squarewww.artinthesquare.com
- Apr 28 Trophy Club Women's Club Spring Garage Salewww.trophyclub.org
- Apr 28 WineDiscovery 2018.....www.metroportrotary.com
- Apr 28 Euless Arbor Daze 2018www.arbordaze.org
- Apr 30 North Texas SNAP Golf Classicwww.ntxsnap.org
- May 1 Annual Keller Rotary Charity Golf Tour.www.kellerr Rotary golfreg.com
- May 1 Stars in Recovery Luncheon.....www.recoverycouncil.org
- May 3 Senior Synergy**www.tarrantcounty.com
- May 3-6 Mayfestwww.mayfest.org
- May 5 Triple Crown Affair at Lone Star Parkwww.artscouncilnortheast.org
- May 5 ACS Relay For Life Of MidCitieswww.relay.acsevents.org
- May 5 Roanoke Roundupwww.roanokeroundup.com
- May 7 Southlake Chamber Annual Golf Tournamentwww.southlakechamber.com
- May 7 Fiesta on the Fairwaywww.proplayersfoundation.net
- May 10 Tarrant County MOW 45th Anniversary Celebrationwww.mealsonwheels.org
- May 10 Metroport Chamber Taste of Success.....www.nwmetroportchamber.org
- May 13 Mothers Day**.....
- May 14 GCISD Foundation Golf Tournamentwww.gcisd-k12.org
- May 16 Rising Star Banquetwww.kellerchamber.com
- May 16 Girl Scouts TOP Women of Distinctionwww.gs-top.org
- May 17-20 Watauga Fest.....www.ci.watauga.tx.us
- May 18-20 Grapevine Main Street Festwww.grapevinetexasusa.com
- May 19 Donate Life Texas HOPE 2nd Chance Runwww.2ndchancerun.org
- May 28 Memorial Day**.....
- Jun 2 Joe's Run for Samaritan Housewww.joesrunfortworth.com
- Jun 5 HEB Chamber Expo 2018www.heb.org
- Jun 7 Tarrant County MOW High Heels & Hot Mealswww.mealsonwheels.org
- Jun 14 Flag Day**.....
- Jun 17 Father's Day**.....
- Jun 21 2018 Southlake Chamber Bollywood Nightswww.southlakechamber.com
- Jun 22 Precinct 3 United Way Fundraiser**.....(817) 581-3600

Senior Calendar

- Apr 12 Senior Center Supper Fundraiserwww.haltomcitytx.com
- Apr 13 Colleyville Senior Center Senior Prom.....www.colleyville.com
- Apr 17 Northeast Seniors Community Forum817-788-7711
- Apr 27 Keller Senior Health & Wellness Fair.....www.cityofkeller.com
- Apr 28 Burgers & Bingo Fundraiserwww.haltomcitytx.com
- May 3 Senior Synergywww.tarrantcounty.com



JPS Hospital Clinics in Northeast Tarrant County

Health Clinics

Gertrude Tarpley JPS Health Center .. 817-514-5036
6601 Watauga Road, Watauga 76148

JPS Health Center Northeast 817-920-6400
837 Brown Trail, Bedford 76022

School-Based Clinics

Birdville 817-547-3046
8200 O'Brian Way, N. Richland Hills 76180

Birdville 817-759-2035
2807 Layton Avenue, Haltom City 76117

Grapevine/Colleyville 817-251-5751
3050 Timberline Drive, Grapevine 76051

HEB 817- 399-3500
3115 W. Pipeline Road #B, Euless TX 76040

Georgia Kidwell - HEB 817-399-3366
3115 W. Pipeline Road #D, Euless TX 76040

For a complete list of Health Clinics and School-Based Clinics log onto: www.jpshealthnet.org

COUNTY HOLIDAY CLOSINGS

May 28 - Memorial Day
July 4 - Independence Day

Commissioner's Office Precinct 3

Gary Fickes, Commissioner
gufickes@tarrantcounty.com

Rebecca Barksdale, Precinct Administrator
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Theresa Parsons, Assistant Precinct Administrator
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Hurst, Texas 76054
817-581-3600
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