



COMMISSIONER'S CORNER



May is all about employee appreciation around Precinct 3 and Tarrant County. We honor our employees every year with luncheons at each of our Precinct 3 locations including the Northeast Courthouse,

Northeast Maintenance Center, and Southlake Town Hall. We also participate in the big Employee Appreciation Day Celebration, held downtown at the Tarrant County Administration Building. Thank you to Tarrant County's Credit Union for their sponsorship of these luncheons!

There is much to celebrate with our great employees that are dedicated to their positions and service to the county. Visit page 7 for a list of some of our employee's accomplishments this year!

I am so proud to announce that Theresa Parsons, Assistant Precinct Administrator for my office, was the recipient of the Administrative Excellence in Government or Public Service Award at the Fort Worth Admin Awards on April 26th at the Fort Worth Convention Center. Among the five finalists, she was chosen the most deserving of this distinguished honor. We appreciate her hard work over the past eight years!

Older Americans Month is observed in May, and since one of my initiatives as a Commissioner is serving our senior population. We are gearing up for our 8th Annual Empowering Seniors Expo which will be held on **Friday, October 7**, at First Baptist Church Euless – Campus West. We are currently accepting applications for sponsors and exhibitors and will be opening participant registration soon. Keep informed on event updates at www.empoweringseniors.com.

Save the date for **Precinct 3's SUMMER FUN DAY** benefiting the United Way of Tarrant County and sponsored by Tarrant County's Credit Union. Join us for a cookout and much more on **Friday, July 29**, at the Northeast Courthouse! In addition to the United Way

fundraiser, *instead of our Team Fickes participation in the LifeGift Second Chance Run*, we are doing something different this year to help bring awareness to the need for organ donation. Join Team Fickes and LifeGift to Celebrate Life and register as an organ donor at the **NE Courthouse on July 29** and **GIVE the GIFT OF LIFE!**

Several of our Northeast Tarrant municipalities held elections this past Saturday, May 7. Congratulations to the following municipal election winners! I look forward to partnering with you to serve our constituents: **Bedford** – Roy W. Turner, Council Place 5; **Colleyville** – Richard Newton, Mayor; Tammy Nakamura, Council Place 1; Bobby Lindamood, Council Place 2; **Euless** – Tim Stinneford, Council Place 1; Eddie Price, Council Place 3; **Haltom City** – Stephanie Davenport, Council Place 6; **Hurst** – Richard Ward, Mayor; Trasa Robertson Cobern, Council Place 4; **Keller** – Eric Schmidt, Council Place 4; **Richland Hills** – Beverly Williams, Council Place 4; **Trophy Club** – Greg Lamont, Council Place 5; **Watauga** – Hal Gerhardt, Council Place 1; Brandon Krause, Council Place 2; **Westlake** – Laura Wheat, Mayor. Congratulations to **Keller** Mayor Mark Mathews for winning the recall election.

Continue on with the remainder of the Northeast Newsletter for highlights on Grapevine - Colleyville Independent School District Superintendent Robin Ryan, Meals on Wheels, Inc. of Tarrant County, Tarrant County Public Health, Improved Mobility for Economic Development, The Bankhead Highway in Texas, Northeast Tarrant County Cities Summer Guide, Older Americans Month, and area transportation updates.

Remember to join my staff and me this **Friday, May 13th for Coffee with the Commissioner** at the Northeast Courthouse. This is a great opportunity to network and visit with your County government! I look forward to you stopping by!

Gary Fickes

COFFEE WITH THE COMMISSIONER

Friday, May 13, 2016

7:30 a.m. to 9:00 a.m.
Start your day with us!

Northeast Courthouse

**645 Grapevine Hwy., Ste. 200
Hurst, Texas 76054**



[See page 10](#)



BLAZE A TRAIL: MAY 2016



www.mhmrctc.org

817-569-4300

SAVE THE DATE!

United Way Fundraiser Jul 29
Empowering Seniors 2016.... Oct 7



www.tarrantcounty.com

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Question of the Month

Question: With the current presidential race taking place between the Democrats and Republicans that seems to be broadcast almost 24/7, see if you can answer this question:

Which president held the first televised news conference?

[Answer on page 8.](#)





Grapevine Colleyville
Independent School District

**Dr. Robin Ryan
Superintendent**

Dr. Robin Ryan joined GCISD as Superintendent on June 15, 2010, and has lived in Grapevine with his family since 1995. His wife, Dr. Cindy Ryan, is Associate Minister at First United Methodist Church of Grapevine. They have three children: daughter, Daryl, is a graduate of Grapevine High School and Texas A&M and is now a speech-language pathologist for the Santa Fe ISD; son, Reed, is a graduate of Grapevine High School and Texas A&M and is a teacher and coach for Prosper ISD; and their youngest son, Graham, is in the 11th grade at Grapevine High School.

With more than 30 years in education, all in Texas, Dr. Ryan, 53, earned his Bachelor of Science degree from Texas A&M University, Master of Education degree from Midwestern State University in Wichita Falls, and Doctorate degree from the University of North Texas. He also served 20 years in the Army National Guard and Reserves, retiring as a major in 2004.

Not long after Dr. Ryan's arrival in 2010, GCISD began working with the community

to develop a strategic plan, LEAD 2021, which stands for Leading Excellence-Action Driven. Guided by four core objectives:

- Preparing students to be college and career ready
- Harnessing technology for learning
- Fostering citizenship and mutual respect
- Building community involvement

Under the vision of LEAD 2021, and with the support of a strong and innovative staff, the district is creating an innovative environment where students are encouraged to seek a higher level of learning including:

- Implemented a 1:1 technology initiative at all elementary schools.
- Developed special programs including STEM Academies, the ASPIRE Academy for gifted and talented students, and two-way dual language programs.
- Created a Technical Education and Career Center (TECC).
- Offered flexible opportunities for students with a virtual school, iUniversity Prep, and The Collegiate Academy at Tarrant County College, where students may earn both their high school diploma and an associate's degree.

These are just a few examples of how GCISD honors a long-standing

commitment to educational excellence for all children. The district continues increasing the level of rigor in classrooms to address expectations of the community and better prepare all students for success in college and their future careers. GCISD continues to be a destination district of choice for families.

On a more personal note -

What do you do for fun? *I enjoy attending sporting events and family time. I also enjoy going on dates with my wife, it just takes some planning with our busy schedules.*

Favorite Movie? *"The Shawshank Redemption" (I have been to Zihuatanejo.)*

Favorite Restaurant? *There are so many places that I enjoy eating at all over town, but I love Costa Vida.*

Favorite vacation spot? *Grand Cayman. I love the clear water.*

Last book read? *"In Praise of American Educators and How They Can Become Even Better" by Dr. Richard DuFour. Currently, our district and campus administrators are reading this book as well.*

People would be surprised to know... *That my fifth-grade teacher paddled me the last day of school. She was mad. It hurt. I deserved it.*



Save the Date

Friday, July 29, 2016

Precinct 3 United Way Fundraiser

Northeast Courthouse Community Room

**Hamburgers or Hot Dogs, Chips,
Dessert and a Drink \$8.00**



www.tccu-tx.com

817-884-1470

Sponsored by Tarrant County's Credit Union
(All proceeds go to United Way of Tarrant County)

Door Prizes - Silent Auction Items

LifeGift to Celebrate Life at the Northeast Courthouse - Help us raise awareness and hope for the more than 120,000 men, women and children across the country waiting for lifesaving organ transplants – and countless others waiting for tissue donations.

Register as an organ donor at the Northeast Courthouse on July 29th and receive a special event t-shirt!



Precinct 3 Maintenance Center News



As the summer approaches and the spring rains start to thin, we have a full construction schedule of projects planned to complete within the next several months. One of our big county projects this year is the completion of the turn lanes on Bonds Ranch Road. Roadway construction of the turn lanes at Willow Springs was completed last summer before the opening of the new NWISD V.R. Eaton High School. This year we are extending the turn lanes to provide access to the Van Zandt Farms and Fossil Creek Estates Subdivisions. We just completed the extension of the bridge at Big Fossil Creek and should have the remaining roadway work completed by early June.

Additionally, this spring we will start preparing the right-of-way for utility relocations along Willow Springs Road north of Avondale Haslet. After utility adjustments are completed this fall, we will begin construction to add shoulders to this segment of the roadway and a turn lane at Avondale Haslet.

In the meantime, we have a full schedule of county and interlocal projects:

Interlocal Projects

These projects are a cooperative effort between the county and cities to complete needed rehabilitation and reconstruction projects on city streets. The city provides the material funding, and the county provides the labor and equipment to perform the work. Projects we have completed or scheduled for this spring/summer include:

- Eden Road (North Richland Hills) - Reconstruction (Completed March 2016)
- Bedford Road (Bedford) - HMAC Overlay (Completed March 2016)
- Hurstview Drive (Hurst) - HMAC Overlay (Completed March 2016)
- Melbourne Road (Hurst) - HMAC Overlay (Completed March 2016)
- Bandit Trail (Colleyville) - Reconstruction (Completed March 2016)
- Yates Drive (Hurst) - Reconstruction (Completed April 2016)
- Lowrie Road (Colleyville) - Reconstruction (Completed April 2016)
- Reagan Road (Colleyville) - Reconstruction (Completed April 2016)
- Redondo Drive (North Richland Hills) - Reconstruction (Completed May 2016)
- Keller Hicks Road (1) (Fort Worth/Tarrant County) - Reconstruction (Scheduled May 2016)
- Bedford Road (Colleyville) - Reconstruction (Scheduled May 2016)
- Shady Oaks Road (Southlake) - Stabilization (Scheduled June 2016)
- Keller Hicks Road (2) (Fort Worth) - Reconstruction (Scheduled June/July 2016)
- Keller Haslet Road (Fort Worth) - Reconstruction (Scheduled July/Aug 2016)
- Bourland Road (Keller) - Reconstruction (Scheduled Aug/Sept 2016)
- Popplewell Road (Richland Hills) - Reconstruction (Scheduled Sept 2016)

Additionally, in May, we will have issued a call for projects to the cities within Precinct 3 to start the budgeting and planning process for the fiscal year 2017.



Bandit Trail

Pictured is an interlocal project with the City of Colleyville for Bandit Trail.

Precinct 3 Tarrant County Projects

Roadways or segments of roadway completed in unincorporated Tarrant County.



Lowrie Road

- Styles Lane - Reconstruction (Completed April 2016)
- Lowrie Road - Reconstruction (Completed April 2016)
- Reagan Road - Reconstruction (Completed April 2016)
- Keller Hicks Road - Reconstruction (Scheduled May 2016)
- Bonds Ranch Road - Widen & Overlay (Scheduled Jan-June 2016)
- Bonds Ranch Road (Part) - Base Repairs & HMAC Overlay (Scheduled Jan & May 2016)
- Avondale Haslet (Part) - Base Repairs & HMAC Overlay (Scheduled Jan & May 2016)
- Avondale Farms Road - Reconstruction (Scheduled July 2016)
- Hickory Creek Drive - Base Repairs & HMAC Overlay (Scheduled July 2016)
- Copper Canyon Drive - Base Repairs & HMAC Overlay (Scheduled July 2016)
- Ridge Country Road - Base Repairs & Resurface (Scheduled May & Sept 2016)
- Sky Ridge Road - Base Repairs & Resurface (Scheduled May & Sept 2016)
- Ridge Country Court - Base Repairs & Resurface (Scheduled May & Sept 2016)
- Haslet Court - Base Repairs & Resurface (Scheduled May & Sept 2016)
- Texan Court - Base Repairs & Resurface (Scheduled May & Sept 2016)
- Northwest Court - Base Repairs & Resurface (Scheduled May & Sept 2016)
- Kella Court - Base Repairs & Resurface (Scheduled May & Sept 2016)
- Parks Court - Base Repairs & Resurface (Scheduled May & Sept 2016)

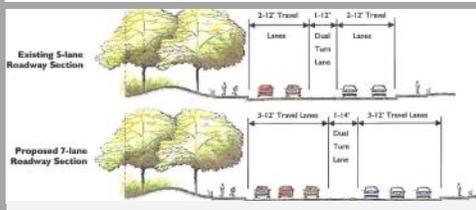
Your safety and the safety of our crews are of the utmost importance. Please be patient, drive slowly through the construction zone and be keenly aware of the large equipment and personnel working to make these improvements for you.



Improved Mobility = Economic Development



In North Richland Hills, the recent completion of the North Tarrant Express has made a widespread positive impact on our business community. Sales tax revenues along the NTE have quickly exceeded pre-construction levels, and the project has been a catalyst for new development and redevelopment throughout the highway corridor. The intersection of Rufe Snow and I-820 is now home to Chipotle Mexican Grill, Winco Foods, and Taco Cabana and will see more commercial development in the coming year. The improved roadway has also aided in the sale and development of previously vacant or underutilized proper-



Rufe Snow Drive Expansion

ty, such as the former Home Depot Expo building which will soon open as Total Shooting Sports in Summer 2016.

With NTE construction complete, the City will now begin improvements on other major arterial roads to further enhance travel around NRH. This month, construction will begin on Rufe Snow Drive north of Mid Cities to add lanes in each direction and improve traffic signalization and pedestrian access. These improvements will enhance traffic flow, provide better access to existing businesses, and encourage new business growth on undeveloped land. This project is estimated for completion in early 2018.

Improvements to two intersections along Davis Boulevard are also in the works at Mid Cities and Smithfield. The project at Mid Cities and Davis will provide additional turning lanes to reduce traffic backup during peak hours. Additionally, the Smithfield Road connection to Davis will be relocated to the existing intersection of Davis and



Davis Boulevard at Mid Cities Boulevard Intersection Expansion

Bridge Street to improve safety and traffic flow by providing signalization for drivers entering Davis from Smithfield. These projects will also aid in the development of undeveloped land on all sides of these major intersections. Roadway projects, both local and regional, always have a major impact on economic development, as they enhance connectivity and traffic flow.

*Article courtesy of Craig Hulse, CECD
Director of Economic Development*

North Tarrant Express



DFW Connector



It seemed like a long time coming when TXDOT was finally able to announce that the much needed expansion of what came to be called North Tarrant Express was going to commence. Then came the shock that there was over 300 parcels of land that TXDOT would begin to work with on right-of-way acquisition to clear the way for all the additional lanes. Each month, as the negotiations for land progressed, it became more and more evident that many new, exciting opportunities were presenting themselves. In Hurst, ten businesses were displaced, but six of them were able to find new homes in the City like **Starbucks Coffee** and **CiCi's Pizza**. In some cases there were partial parcel takings and landlords worked together to put remnants together that would create enough land where new buildings were welcomed. The transformation began and in Hurst, its busiest intersection of Precinct Line and the highway, where most of the highway lined businesses were, became more attractive than ever. This intersection

maintained the highest traffic counts along the 13.5 mile stretch.

To properly market the new opportunities, the city branded its most prominent intersection as the "50-yard line" helping drive home to potential retailers that Hwy 121/183 and Precinct Line offered the "best seats in the house". Numerous 30-year old or older buildings were taken down and replaced with many new restaurants with their latest prototype design and architecture. They offered area as well as regional consumers many new restaurant choices and reasons to stop and shop in Hurst. Examples include **Dairy Queen, Golden Chick, In-N-Out Burger, Pollo Tropical, Potbelly Sandwich Shop, Subway** and **Pei Wei Asian Diner**. Landmark Hurst restaurants



Pollo Tropical

were able to enhance their presence by relocating to newly constructed restaurants offering a more attractive look and layout with even greater seating capacity like **Abuelo's Mexican Restaurant and the Outback Steakhouse**.



Pei Wei Asian Diner, Golden Chick and Outback Steakhouse

The net impact was twelve additional new businesses offering a greatly enhanced look and total transformation of the city's most prominent intersection! And the 40% additional vehicle capacity that the expanded highway created is already allowing these businesses extremely high sales volumes, making business owners and consumers happy. They now can enjoy one of the area's most significant redevelopment projects in its history.

*Article courtesy of Steve Bowden,
Executive Director of Economic Development*



Tarrant County Public Health

Tarrant County Public Health (TCPH) works to assure, protect and promote the overall health and well-being of our county residents. That includes remaining constantly vigilant of and responding to health threats. It's a 24/7/365 job. Health promotion is also a goal of the department and it starts with educating our residents.



Some of the education opportunities include:

Live Tobacco Free

Tarrant County is a free program to help residents quit smoking and tobacco use. The classes are offered at various locations. You can participate by calling 817-321-4976.

The **Women, Infants and Children (WIC)** nutrition program helps pregnant women, new mothers, and young children eat well, learn about nutrition and stay healthy. WIC provides services to pregnant, postpartum and breastfeeding women, as well as infants and children under the age of five. All WIC services are free to county residents who qualify. Call 817-321-5400 for assistance.

HealthForMe Self-Management Classes Tarrant County

Chronic diseases like diabetes, hypertension, and chronic obstructive lung disease must be managed to help prevent complications. The **Health for Me** self-management class provides tips on diet, exercise, medication management, and

other areas to help our residents learn what they can do to improve their situation. Find a class in your area by calling 817-321-4976.

Tarrant County residents over the age of 60 can take advantage of the free and award-winning **A Matter of Balance** program designed to help residents manage falls and increase activity levels. Interactive sessions help reduce the fear of falling and teach participants new exercises to increase strength, flexibility and balance. Learn more about the classes in your area by calling 817-321-4976.



<http://access.tarrantcounty.com/en/public-health>

*Article courtesy of Kelly Hanes
Sr. Public Information Officer*



Meals on Wheels, Inc. of Tarrant County

stage of life where many people need help preparing a nutritious meal for themselves. Over the next few years we will have to produce an *additional* 750,000 meals each year just to keep up with the demand."

The Meals On Wheels Board of Directors felt that the most feasible and cost-effective solution was to construct a new facility. "We have always had overwhelming support from the community," Harrison said, "and this project was no exception. We set out on a nearly \$15 million capital campaign just five years ago, and believe it or not; we were approximately 90% funded before we ever broke ground. That's a real testament to the generosity of the people of Tarrant County."

Meals On Wheels, Inc. of Tarrant County is excited to announce the opening of their new meal production and distribution center, located at 5740 Airport Freeway in Haltom City. The new 63,500 sq. ft. facility gives the agency the capacity to meet the anticipated 75% increase in services in the next 15 years. "It's an exciting day for Tarrant County seniors," said Keith Harrison, Manager of Marketing and Communications for Meals On Wheels. "Many people are surprised to learn that we currently serve close to 1 million meals per year to our homebound elderly and disabled residents. Tarrant County is in the midst of a tremendous population explosion, and of course, the Baby Boomer generation is entering the

overwhelming support from the community," Harrison said, "and this project was no exception. We set out on a nearly \$15 million capital campaign just five years ago, and believe it or not; we were approximately 90% funded before we ever broke ground. That's a real testament to the generosity of the people of Tarrant County."

Home-delivered meals are available to those who are homebound for any length of time, are physically or mentally unable to prepare a nutritious meal for themselves, and have no one to help them on a regular basis. Some people may be recovering from an illness or hospital stay and will only be on the program for a short period. Others have a long-term need and will be on the program on an ongoing basis. Each meal is

planned by a registered, licensed dietician, and meets 1/3 of the daily nutritional requirements established by the State of Texas.



Meals are delivered Monday through Friday by caring volunteers. It takes just over an hour, just one day per week, to deliver meals in a location that is convenient to your home or office. In addition to home-delivered meals, the agency provides professional case management, diabetes screening and intervention programs, nutrition education and counseling, a medication management program, and companion pet meals for those who need assistance feeding their beloved pets.

Supporting Meals On Wheels is an easy and meaningful way to give back to the community. If you are in need of services, or would like to donate or volunteer to deliver meals, visit mealsonwheels.org or call **817-336-0912**.

*Article courtesy of Barbara Lundgren,
V.P. of Marketing and Development*

SAVE THE DATE!

8th Annual
Award-Winning
EMPOWERING
Seniors




Tarrant County Commissioner Gary Fickes

**Friday,
 October 7,
 2016**

www.EmpoweringSeniors.com

Over 150 wonderful exhibitors!

Professional health screenings!

Over 125 amazing volunteers!

Exciting entertainment!

Informative workshops!

Over 2300 attendees!

Fabulous food booths!



THANK YOU TO OUR 2015 SPONSORS

Presenting Sponsors



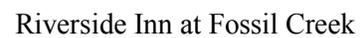
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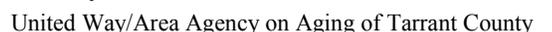
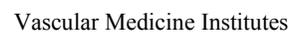
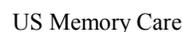
Gold Sponsors



Silver Sponsors



Bronze Sponsors



CONGRATULATIONS TO OUR NORTHEAST TARRANT COUNTY EMPLOYEES!

Every May, Tarrant County honors their employees with celebration luncheons to show their appreciation. **To all of our employees, thank you for your dedication and service to the citizens of Tarrant County!**

All Employee Appreciation Day luncheons are provided by the Tarrant County's Credit Union. Thank you TCCU for your support and sponsorship!



817-884-1470
www.tccu-tx.com

Award



Theresa Parsons, Assistant Precinct Administrator for Commissioner Gary Fickes, was recognized April 26th at the 3rd Annual Fort Worth Admin Awards as the recipient of the Administrative Excellence in Government or Public Service Award.

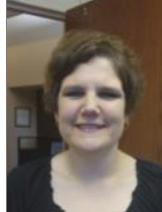
Graduate/Leadership



Devin Wenske, Community Outreach Coordinator for Commissioner Fickes, graduated with a Master of Public Administration Degree from the University of Texas at Arlington in December 2014. She also recently completed the Tarrant County Leadership Class and will be graduating from Leadership Fort Worth Leading Edge at the end of May.

Leadership

Graduate



Amanda Key, Office Administrator for Precinct 3 Maintenance Center, completed her Bachelor of Science Degree in Business Management from the University of Phoenix in September 2013.

Leadership



Chris Slatick, Equipment Operator V for the Precinct 3 Maintenance Center completed the Tarrant County Leadership Class of 2015.

Leadership



Promotion

Congratulations Chief Deputy John DeAngelis!



Sergeant John DeAngelis, with Tarrant County Constable, Precinct 3, was promoted to Chief Deputy in March of this year. John has been with the Precinct 3 Constable's office for three and a half years and welcomes the new responsibilities of this position.

30 Years of Service



René Smith

Operations Manager for the CSCD Northeast, Northwest, and Southeast Field Service Units and Staff Development
Congratulations on 30 Years of Service to Tarrant County!

Retirement



Dewey Mikel

Precinct 3 Maintenance Center

Congratulations on 24 Years of Service to Tarrant County!

We wish you all the best in your retirement!

25 Years of Service



Brett Harper

Probation Officer with Juvenile Service's Northeast Satellite Facility.

Congratulations on 25 continual Years of Service to Tarrant County!

(Previously served an additional six years with the county.)

25 Years of Service



Patricia Medley

Motor Vehicle Specialist II, with the Tax Office at the Southlake Town Hall.

Congratulations on 25 Years of Service to Tarrant County!

A Historical Moment In Time THE BANKHEAD HIGHWAY IN TEXAS



A hundred years ago, America's roads were awful. They were mainly dirt and barely usable in wet weather, even by

horse and buggy. Few roads went any distance. With automobiles becoming more affordable and numerous, citizens began to realize that although building and maintaining better roads was expensive, the economic cost of coping with poor roads was even more costly.

In the early decades of the 20th century, highway associations were formed, and a few were more successful than others. The Bankhead Highway became the first transcontinental road in America that could be relied upon year-round because its route from Washington, D.C. to San Diego traversed the Southern states and avoided the mountains and winter weather that plagued the most northern routes.

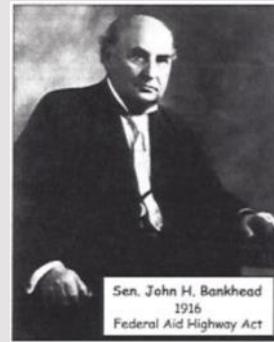
John Asa Rountree had established the United States Good Roads Association in 1913 and served as its Secretary. The South still struggled economically years after Reconstruction, and Rountree understood that better roads were the route to economic recovery. So, he conceived the idea of a transcontinental highway across the South, and he named it after his friend and fellow Southerner, Senator John Hollis Bankhead.

The Senator from Alabama, later referred to as the "Father of Good Roads,"

played a key role in the passage of the Federal Highway Aid Act of 1916, making federal funds available to state highway departments to share the costs of building and maintaining roads.

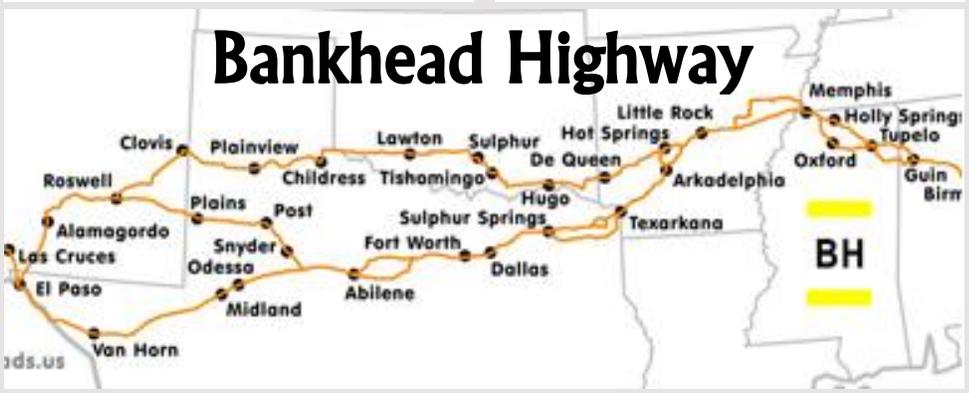
Federal funds used to build these roads were allocated to states based on mileage, and Texas was in line to receive the lion's share of funds for the Bankhead since 850 miles of the road passed through the state. One roadblock was that Texas did not have a highway department! That was remedied in early 1917 and no time was lost in drawing up plans for Texas Highway 1, the portion of the Bankhead that would connect Texarkana to El Paso.

After World War I, the 1920s roared with sounds of road construction. Oil-rich counties such as Eastland were better able to fund road improvements—including the



Thurber brick roads that still cross the county—but the Bankhead was not hard-surfaced all the way across the state until the 1930s.

In 1926, the Federal Bureau of Public Roads coordinated a system of numbered highways to eliminate confusion. The Bankhead through Tarrant County became part of US-80. During the 1930s, the Bankhead Highway assumed yet another designation, one intended to boost tourism—it was part of the "Broadway of America"—and now the Bankhead name lives on, as do miles of the original Bankhead pavement from the 1920s.



Submitted by Ellen Timberlake-Volz, Tarrant County Historical Commission
Edited from information provided by Dan L. Smith, author of "The Bankhead Highway in Texas."



Question of the Month



Question: With the current presidential race taking place between the Democrats and Republicans that seems to be broadcast almost 24/7, see if you can answer this question:

Which president held the first televised news conference?

Answer: John F. Kennedy. On January 25, 1961, JFK became the first president to hold a live televised news conference. The president read a prepared statement regarding the famine in the Congo, the release of two American aviators from Russian custody, and impending negotiations for an atomic test ban treaty. Afterwards, he opened the floor for questions from reporters. He addressed queries on a variety of topics, including relations with Cuba, voting rights, and aid to impoverished Americans.



Video can be viewed at <http://abcnews.go.com/Archives/video/jan-25-1961-jfk-press-conference-12607668>



IN NORTHEAST TARRANT COUNTY CITIES

| | |
|-----------------------------------|--|
| BEDFORD | www.bedfordtx.gov/parks/recreation/ |
| COLLEYVILLE | www.colleyville.com/parksandfacilities.html |
| EULESS | www.eulesstx.gov/pacs/EulesFamilyLifeCenter.htm |
| FLOWER MOUND | www.flower-mound.com/index.aspx?nid=137 |
| GRAPEVINE | www.grapevintexas.gov/index.aspx?nid=330 |
| HALTOM CITY | www.haltomcitytx.com |
| HASLET | www.haslet.org/index.aspx?nid=173 |
| HURST | www.hursttx.gov/index.aspx?page=62 |
| KELLER | www.cityofkeller.com/services/parks-recreation |
| NORTH RICHLAND HILLS | www.ci.north-richland-hills.tx.us/index.aspx?NID=231 |
| RICHLAND HILLS | www.richlandhills.com/city-government/departments/recreation-and-special-events |
| ROANOKE | www.roanoketexas.com/183/Parks-Recreation |
| SOUTHLAKE | www.cityofsouthlake.com/1273/Southlake-Scene |
| TROPHY CLUB | www.trophyclub.org/departments/parks-and-recreation/ |
| WATAUGA | www.ci.watauga.tx.us/915/Parks-Community-Services |
| WESTLAKE | www.westlake-tx.org/index.aspx?NID=130 |

Additional Summer Event Information

| | |
|---|--|
| Amon G. Carter, Jr. Downtown YMCA | http://ymcafw.org/locations/downtown-ymca |
| Airport Area YMCA..... | http://ymcafw.org/locations/airport-area-ymca/ |
| Arts Council Masterworks Concert Series | www.artscouncilnortheast.org/masterworks_concert_series.aspx |
| Free Outdoor Movies | www.sundancesquare.com |
| Worth Going Area Events | www.worthgoing.com |

City by City Summer Guide (Where available)

Colleyville



Hurst



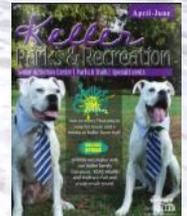
Flower Mound



Grapevine



Keller



North Richland Hills



Roanoke



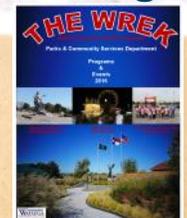
Southlake



Trophy Club



Watauga



SENIOR NEWS

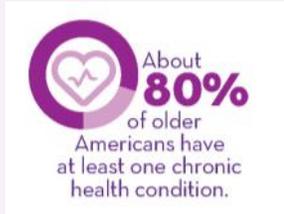


OLDER AMERICANS MONTH

May is a month of fresh beginnings. Perennials bloom once again, blazing a trail of bright color. May is also when we celebrate Older American’s Month (OAM), acknowledging the perennial contributions of older adults to our nation. The 2016 OAM theme is Blaze a Trail. This is a perfect time to raise awareness about important issues facing older adults and to highlight the ways that older Americans are advocating for themselves, their peers, and their communities.

Be a trailblazer! Join us in promoting activities, inclusion, and wellness for older Americans in your community. For more information, please visit: <http://oam.acl.gov/>

BLAZE A TRAIL TO WELLNESS



Although Americans are living longer these days, more are also developing chronic illnesses. Do illness and aging always go hand-in-hand? The answer is a surprising, but resounding, NO.

It is never too late to get more active or revamp your diet. It is not a matter of training for a marathon or giving up entire food groups, either. Small things can lead to huge differences in the way you feel and the way your body works. Although you should always consult with your doctor before making changes, there are easy steps you can take toward overall wellness—regardless of your age.

<http://oam.acl.gov/2016/docs/tipsheet/OAM-tipsheet-Wellness.pdf>

BLAZE A TRAIL TO CIVIC ENGAGEMENT



Civic engagement means working to make a difference in the lives of community members. Community service and volunteering are common ways to refer to this engagement. No matter what you call it, older Americans are doing it, and in higher numbers than ever before. Beyond helping the people around you, being involved in your community benefits you. From preventing mental health issues by engaging in meaningful work to the physical benefits of being active and social, civic engagement is a win-win. It is never too late to give back!

<http://oam.acl.gov/2016/docs/tipsheet/OAM-tipsheet-Civics.pdf>

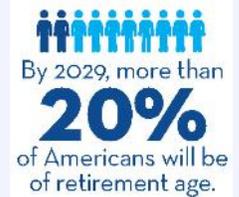
BLAZE A TRAIL TO SECURING YOUR FINANCES



You have worked and saved for years, so you want to make sure your finances are secure. The vast majority of people who will help you handle your money have good intentions, but everyone is at risk for financial abuse. Financial exploitation happens when someone improperly uses your money or property for his or her benefit. This abuse can be committed by someone you know or a stranger. Avoiding exploitation or fraud is easier when you are educated about ways to protect yourself. You have already taken the most important step by being engaged in your financial health.

<http://oam.acl.gov/2016/docs/tipsheet/OAM-tipsheet-Finances.pdf>

BLAZE A TRAIL TO REINVENTION



Today, older Americans are living longer and healthier than ever before. What does this mean for our notions of life after a career? Many retirees are finding new inspiration in second careers, helping others, discovering new interests, and pursuing dreams. Reinventing yourself can be fun and rewarding. Even better: it is also good for your mental and physical well-being. Whether you are planning for retirement or simply looking to get involved in new activities, start by thinking about your skills, dreams, and passions.

<http://oam.acl.gov/2016/docs/tipsheet/OAM-tipsheet-Reinvention.pdf>

Northeast Tarrant County Senior Centers

- Bedford Senior Center (817) 952-2325 www.ci.bedford.tx.us
- Colleyville Senior Center (817) 503-1195 www.colleyville.com
- Eules Family Life Sr. Center..... (817) 685-1670 www.eulesstx.gov
- Grapevine Sr. Activities Center..... (817) 410-8130 www.grapevinetexas.gov
- Haltom City Sr. Citizens Center..... (817) 834-8021 www.haltomcitytx.com
- Hurst Sr. Citizens Activities Center (817) 788-7710 www.ci.hurst.tx.us
- Keller Senior Activities Center..... (817) 431-8727 www.cityofkeller.com
- NRH Senior Center (817) 427-6620 www.nrhtx.com
- Richland Hills Senior Activities..... (817) 616-3820 www.richlandhills.com
- Southlake Senior Activity Center ... (817) 748-8398 www.ci.southlake.tx.us
- Watauga Senior Center (817) 514-5892 www.ci.watauga.tx.us

SAVE THE DATE!



Friday, October 7, 2016

www.EmpoweringSeniors.com



Transportation

Northeast Tarrant County

DFW Connector Project

Hotline: 877-411-4212

www.dfwconnector.com



Sign up for e-alerts!

FM 2499 Progress:

• In March, the project opened the new, lowered northbound FM 2499 mainlanes. The north and southbound FM 2499 mainlanes provide commuters the ability to travel through the project without stopping at the Stars and Stripes Way and Grapevine Mills Blvd. traffic signals.

- Crews are preparing to fully open the Stars and Stripes Way bridge and intersections.
- Construction continues on the west intersection of Grapevine Mills Blvd.
- The project anticipates that all lanes will be open and traffic will be in its final pattern by July, six months ahead of schedule.



Midtown Express

Contact us

www.drivemidtown.com



Sign up for e-alerts!

- Construction in the Euless portion is beginning to ramp up with some initial bridge removals, major traffic pattern changes and utility relocation.
- Utility relocation, drainage, bridge and frontage road work is continuing in Irving.
- Bridge work over the Trinity River is progressing with girders being set and traffic pattern changes to

accommodate for the continued bridge work.

- Mobile app coming soon!



North Tarrant Express/ I-35W

Hotline: 888-683-2015

www.northtarrantexpress.com



Sign up for e-alerts!

• Major activity has occurred in the last month, including the demolition of the I-35W bridges over Meacham Blvd. Significant work continues at the I-35W/I-820 interchange as the project moves toward opening another new direct connector, along with heavy activity at Spur 280, Northside Drive/Yucca Avenue, NE 28th Street, Meacham Blvd. and Western Center Blvd.

- This summer, drivers will start shifting onto new pavement throughout the corridor. With several long-term closures in place, drivers are encouraged to visit the website regularly, sign up for e-alerts or follow the project on social media to stay informed (North Tarrant Express on Facebook; @ntexpress on Twitter).



Highway 26

TxDOT - N Tarrant Office

817-399-4300

www.txdot.gov

• The SH 26 Phase II reconstruction project in Colleyville from John McCain Road to Brown Trail is scheduled to begin in Summer 2016. The 3.9 mile TxDOT project will widening the roadway to three lanes in each direction and includes raised curbed medians to enhance safety.

SH 26 Phase II
Colleyville from
John McCain Rd. to Brown Trail
Beginning in the spring of 2016

FM 1938 - Phase II

TxDOT - N Tarrant Office

817-399-4300

www.txdot.gov

Southlake 817-748-8098

www.cityofsouthlake.com

• The FM 1938 Phase II reconstruction project in Southlake and Keller from Randol Mill Avenue to FM 1709 (Southlake Boulevard) continues. Construction to widen the intersection of FM 1938 and FM 1709 is progressing as crews continue to install curbs and gutters on the outside sections of the intersection and reconstruct driveways. North of the intersection, concrete paving has begun on sections of FM 1938 and on some of the side streets that connect to FM 1938. Message boards are in place throughout the project to announce lane closures, detours and future road work to motorists.

- The \$20.6 million TxDOT project will widen the roadway to two lanes in each direction with raised curbed medians and includes dual left turn bays at the intersection of FM 1938 and FM 1709. The project also includes landscaping along the roadway with illumination and sidewalks on both sides of the roadway provided by the City of Southlake. The 1.6-mile project is estimated for completion in 2017.



CALENDAR OF EVENTS

- May 11 Women of Distinction-Fort Worth Area www.gs-top.org
- May 13 Coffee with the Commissioner817-581-3600**
- May 13-14 Frontier Forts Days www.fortworth.com
- May 14 HOPE 2nd Chance Run www.2ndchancerun.org
- May 14 6 Stones Run for Hope www.runsignup.com
- May 16 PPF Golf Classic www.proplayersfoundation.net
- May 18 Stars in Recovery Luncheon www.recoverycouncil.org
- May 19 Rising Star Banquet www.kellerchamber.com
- May 19 Caring with Commitment Celebration www.c-w-c.org
- May 19-22 Wild West Watauga Fest www.wataugatx.org
- May 20-22 32nd Annual Main Street Fest www.grapevinetexasusa.com
- May 30 Memorial Day.....**
- Jun 4 Samaritan House Joe's Run www.joesrunfortworth.com
- Jun 7 Keller Chamber Golf Classic www.business.kellerchamber.com
- Jun 10 Celebrating Women in Business www.nwmetroportchamber.org
- Jun 13 25th Annual MMOW Golf Classic www.metroportmow.org
- Jun 14 Flag Day.....**
- Jun 16 Fathers Day.....**
- Jun 18 Walk A Mile www.safehaventc.org
- Jun 23 2016 Awards Banquet..... www.southlakechamber.com
- Jun 24 Clean Air Action Day www.airnorthtexas.org
- Jul 14 Empowered Women www.business.colleyvillechamber.org
- Jul 29 Precinct 3 Summer Fun Day817-581-3600**

John Peter Smith Hospital Clinics Northeast Tarrant County

Health Clinics

Gertrude Tarpley JPS Health Center .. 817-514-5036
6601 Watauga Road, Watauga 76148

JPS Health Center Northeast 817-920-6400
837 Brown Trail, Bedford 76022

School-Based Clinics

Birdville 817-547-3046
8200 O'Brian Way, N. Richland Hills, 76180

Birdville 817-759-2035
2807 Layton Avenue, Haltom City, 76117

Grapevine/Colleyville 817-251-5751
3050 Timberline Drive, Grapevine, 76051

HEB 817- 399-3500
3115 W. Pipeline Road #B, Euless, TX 76040

Georgia Kidwell - HEB 817-399-3366
3115 W. Pipeline Road #D, Euless, TX 76040

For a complete list of Health Clinics and School-Based Clinics log onto: www.jpshealthnet.org

COUNTY HOLIDAY CLOSINGS

**May 30, 2016
Memorial Day**

**July 4, 2016
Independence Day**

HAPPY 4TH OF JULY

- Jun 24 Red, White & Sousa www.colleyville.com
- Jul 1 Independence Day Celebration www.haslet.org
- Jul 3 Southlake Stars & Stripes www.visitsouthlaketexas.com
- Jul 4 Hurst Stars & Stripes www.hursttx.gov
- Jul 4 4thFEST www.cityofbedfordtx.com
- Jul 4 Annual Fireworks Extravaganza www.grapevinetexas.com
- Jul 4 Fort Worth's 4th www.fortworthsfourth.com
- Jul 4 Trophy Club July 4th Festivities www.calendar.google.com
- Jul 4 Annual July 4th Celebration www.richlandhills.com
- Jul 4 July Fourth Fun in the Stockyards .. www.stockyardsstation.com
- Jul 4 Family 4th Fun & Fireworks Celebration www.netarrant.org
(Haltom City, NRH, Richland Hills, Watauga & NE Tarrant Chamber)

Commissioner's Office Precinct 3

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645 Grapevine Highway, Suite 200
Hurst, Texas 76054
817-581-3600
Fax: 817-581-3603