

# 2025 DECEMBER WORKSHOP & TRAINING SCHEDULE

If you cannot attend the Monday Job Club Workshop, you may attend another workshop listed on the schedule. **PLEASE NOTE: the Assistance Connect Refresher Training CANNOT be used to receive workshop credit).** Location of each workshop is highlighted. Doors open 15 minutes prior to the workshop start time and close 5 minutes *after* the start time. You **MUST** sign in and initial out to receive credit for attending a workshop. If you have questions, contact Cynthia Miller at [cdmiller@tarrantcountytx.gov](mailto:cdmiller@tarrantcountytx.gov).

## VIRTUAL

### **\*ASSISTANCE CONNECT (AC) REFRESHER TRAINING (FSS Participants ONLY)**

**Description:** A refresher class on how to use the AC module to report a change, upload documents and complete your Annual Re-exam.

**THIS TRAINING CANNOT BE USED TO RECEIVE CREDIT FOR A JOB CLUB WORKSHOP!**

Wednesday, December 3                      9 – 10 AM

Link: <https://global.gotomeeting.com/join/868827341>

Meeting ID: 868-827-341

Dial-in #: (646) 749-3122

Access Code 868-827-341

## IT'S A NEW SEASON – (Cynthia Miller)

**Description:** If you are experiencing restlessness or sense a shift in your life, this could be a sign it's time to begin something new. With the start of fall, this is the perfect time to reboot and begin a new season in your life. Let's take a look at how to embrace the new and leave the old behind us.

Thursday, December 4                      6 – 7:30 PM

**TCHAO; 2100 Circle Drive – CONFERENCE CENTER**

## JOB CLUB

### **ELIMINATE HOLIDAY STRESS – (Cynthia Miller)**

**Description:** The holidays don't have to be overwhelming or stressful. In the midst of the chaotic world we live in, it's important to maintain mental wellness. This workshop will provide tips on how to manage your thoughts and emotions to experience peace, not only during the holidays, but throughout the entire year.

Monday, December 8                      9 – 10:30 AM

**2300 Circle Drive – GYMNASIUM**