

2023 MARCH WORKSHOP & TRAINING SCHEDULE

In-person workshops and trainings have resumed. Location of the workshops is included on the schedule. Doors open 30 minutes prior to the start time of the workshop, and close 5 minutes after the start time. VIRTUAL workshops and trainings are indicated with an (*) and a link is provided. To join a virtual workshop or training, please use one of the following options:

- Click the link beside the workshop.
- Open the GoTo Meeting App on your computer, tablet or smartphone and type the meeting ID in the space provided.
- **ONLY** if you cannot use one of the first 2 options, you may dial in using the telephone number and access code provided.

PLEASE NOTE: To receive credit for attending a virtual workshop, you must share your camera, AND your face must be on the camera during the workshop. Driving or walking around during the workshop is prohibited. Sign-in instructions are given at the beginning of ALL workshops. Virtual AND In-person workshops close 5 minutes after their scheduled start time. If you have questions, contact Cynthia Miller at cdmiller@tarrantcountytx.gov, or your FSS Coordinator.

***ASSISTANT CONNECT (AC) REFRESHER TRAINING (FSS Participants ONLY) – (Mechall Patterson)**

Description: A refresher class on how to use the AC module to report a change, upload documents and complete your Annual Re-exam.

WORKSHOP CANNOT BE USED TO EARN CREDIT.

Wednesday, March 1 9 – 10 AM

Link: <https://global.gotomeeting.com/join/868827341>

Meeting ID: 868-827-341

Dial-in #: (646) 749-3122

Access Code 868-827-341

OVERCOMING DEPRESSION – (Cynthia Miller)

HOST: B. Whaley

Description: Depression is a very common mental disorder. Many people suffer from depression without realizing it. We will help you recognize symptoms of depression and offer steps to assist you in overcoming it.

Thursday, March 2 6 – 7:30 PM

TCHAO; 2100 Circle Drive – CONFERENCE CENTER

MENTORSHIP EXPLOSION – (Anakatrin Kelly)

HOST: S. Roberts

Description: Facilitator plus other staff will act as mentors to participants.

Wednesday, March 8 9 – 10:30 AM

TCHAO; 2100 Circle Drive – CONFERENCE CENTER

FACING CROSSROADS in LIFE – (Cynthia Miller)

HOST: M. Patterson

Description: A crossroad is a point in life where a decision must be made that could change one's life forever. Come learn how to spot and prepare for "crossroads moments" in your life.

Saturday, March 11 9 – 10:30 AM

TCHAO; 2100 Circle Drive – CONFERENCE CENTER

JOB CLUB

***MAKE MONEY CHASE YOU – (Cynthia Miller)**

Description: Don't chase money; chase your purpose and money will come! Let your purpose open doors for you that lead to income!

Monday, March 13 9 – 10:30 AM

Link: <https://www.gotomeet.me/CynthiaMiller4/participant-workshops>

Meeting ID: 778-674-229

Dial-in # (872) 240-3212

Access Code: 778-674-229

TRAFFIC STOP TRAINING – (Tommy Tisby)

HOST: S. Roberts

Description: How to respond when stopped by the police.

Saturday, March 18 9 – 10:30 AM

TCHAO; 2100 Circle Drive – CONFERENCE CENTER

What to Do When Your Rent Increases – (Evette Robson)

HOST: M. Patterson

Description: How to budget your money when your rent portion increases.

Thursday, March 23 6 – 7:30 PM

TCHAO; 2100 Circle Drive – CONFERENCE CENTER