

2023 SEPTEMBER WORKSHOP & TRAINING SCHEDULE

EFFECTIVE IMMEDIATELY, ALL WORKSHOPS are in-person; (ONLY the Assistance Connect Refresher Training remains virtual). Location of each workshop is included on the below schedule. Doors open 30 minutes prior to the start time of the workshop and close 5 minutes *after* the start time. You **MUST** sign in and out to earn credit for attending a workshop. If you have questions, contact Cynthia Miller at cdmiller@tarrantcountytx.gov, or your FSS Coordinator.

VIRTUAL

***ASSISTANCE CONNECT (AC) REFRESHER TRAINING (FSS Participants ONLY) – (Barbara Whaley)**

Description: A refresher class on how to use the AC module to report a change, upload documents and complete your Annual Re-exam.

ASSISTANCE CONNECT TRAINING CANNOT BE USED TO EARN WORKSHOP CREDIT.

Wednesday, September 6 9 – 10 AM

Link: <https://global.gotomeeting.com/join/868827341>

Meeting ID: 868-827-341

Dial-in #: (646) 749-3122

Access Code 868-827-341

ART OF COMMUNICATING – (Cynthia Miller)

Description: *The Art of Communicating* will improve your inter and intra-relationship skills by identifying the power of using mindfulness when talking with others, showing you how to listen with respect (even if you don't agree with what's being said), convey your ideas effectively, and most of all, deepen your relationships with yourself and others.

Thursday, September 7 6 – 7:30 PM

TCHAO; 2100 Circle Drive – CONFERENCE CENTER

BATTLE OF THE MIND – (Cynthia Miller)

Description: Are you currently fighting *the war of the mind*? Lies, doubts, insecurities, fears, worries and discouragement just keep popping up, and it feels so crippling and hard to constantly fight off these thoughts. You don't have to give up; winning the battle of the mind is possible for you. Learn how to properly use the power and tools within you to control your mind and life!

Saturday, September 16 9 – 10:30 AM

TCHAO; 2100 Circle Drive – CONFERENCE CENTER

JOB CLUB

LEADERSHIP IN THE WORKPLACE – (Cynthia Miller)

Description: What is leadership, and how is it identified in the workplace? Do you exhibit the qualities of a true leader? This workshop will help you assess and strengthen your leadership skills and use them effectively in each area of your life, especially the workplace.

Monday, September 18 9 – 10:30 AM

BUILDING 2300 Circle Drive – MAGNOLIA ROOM (Directly across from the gymnasium)