

Tarrant County Public Health follows CDC Indicators and Thresholds to determine the COVID-19 community level in Tarrant County.

New Cases <small>(per 100,000 population in the last 7 days)</small>	Indicators	Low	Medium	High
Fewer than 200	New COVID-19 admissions per 100,000 population (7-day total)	<10.0	10.0-19.9	≥20.0
	Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average)	<10.0%	10.0-14.9%	≥15.0%
200 or more	New COVID-19 admissions per 100,000 population (7-day total)	NA	<10.0	≥10.0
	Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average)	NA	<10.0%	≥10.0%

The COVID-19 community level is determined by the higher of the new admissions and inpatient beds metrics, based on the current level of new cases per 100,000 population in the past 7 days

To find out the COVID-19 community level:

- First determine whether Tarrant County has fewer than 200 new cases per 100,000 people in the past 7 days or 200 new cases or more per 100,000 people in the past 7 days
- Then, determine the level (low, medium, or high) for the new admissions and inpatient beds and indicators using the scale for the area's number for new cases.
- The COVID-19 community level is based on the higher of the new admissions and inpatient beds metrics.

COVID-19 Community Level	Individual- and household-level prevention behaviors	Community-level prevention strategies (as recommended by state or local authorities)
<p style="text-align: center;">Low</p> <p>Get vaccinated, boosted</p> <p>Get tested if sick</p>	<ul style="list-style-type: none"> • Stay up to date with COVID-19 vaccines and boosters • Maintain improved ventilation throughout indoor spaces when possible • Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19 • If you are immunocompromised or high risk for severe disease • Have a plan for rapid testing if needed (e.g., having home tests or access to testing) • Talk to your healthcare provider about whether you are a candidate for treatments like oral antivirals, PrEP, and monoclonal antibodies 	<ul style="list-style-type: none"> • Distribute and administer vaccines to achieve high community vaccination coverage and ensure health equity • Maintain improved ventilation in public indoor spaces • Ensure access to testing, including through point-of-care and at-home tests for all people • Communicate with organizations and places that serve people who are immunocompromised or at high risk for severe disease to ensure they know how to get rapid testing • Ensure access and equity in vaccination, testing, treatment, community outreach, support services for disproportionately affected populations
<p style="text-align: center;">Medium</p> <p>Get vaccinated, boosted</p> <p>Get tested if sick</p> <p>If at potential increased risk, talk to your healthcare provider about wearing a mask</p>	<ul style="list-style-type: none"> • If you are immunocompromised or high risk for severe disease • Talk to your healthcare provider about whether you need to wear a mask and take other precautions (e.g., testing) • Have a plan for rapid testing if needed (e.g., having home tests or access to testing) • Talk to your healthcare provider about whether you are a candidate for treatments like oral antivirals, PrEP, and monoclonal antibodies • If you have household or social contact with someone at high risk for severe disease • consider self-testing to detect infection before contact • consider wearing a mask when indoors with them 	<ul style="list-style-type: none"> • Protect people at high risk for severe illness or death by ensuring equitable access to vaccination, testing, treatment, support services, and information • Consider implementing screening testing or other testing strategies for people who are exposed to COVID-19 in workplaces, schools, or other community settings as appropriate • Implement enhanced prevention measures in high-risk congregate settings (see guidance for correctional facilities and homeless shelters) • Distribute and administer vaccines to achieve high

	<ul style="list-style-type: none"> • Stay up to date with COVID-19 vaccines and boosters • Maintain improved ventilation throughout indoor spaces when possible • Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19 	<p>community vaccination coverage and ensure health equity</p> <ul style="list-style-type: none"> • Maintain improved ventilation in public indoor spaces • Ensure access to testing, including through point-of-care and at-home tests for all people • Communicate with organizations and places that serve people who are immunocompromised or at high risk for severe disease to ensure they know how to get rapid testing • Ensure access and equity in vaccination, testing, treatment, community outreach, support services for disproportionately affected populations
<p>High</p> <p>Get vaccinated, boosted</p> <p>Get tested if sick</p> <p>Wear a mask in public indoor settings including schools</p>	<ul style="list-style-type: none"> • Wear a well-fitting mask¹ indoors in public, regardless of vaccination status (including in K-12 schools and other indoor community settings) • If you are immunocompromised or high risk for severe disease • Wear a mask or respirator that provides you with greater protection • Consider avoiding non-essential indoor activities in public where you could be exposed • Talk to your healthcare provider about whether you need to wear a mask and take other precautions (e.g., testing) • Have a plan for rapid testing if needed (e.g., having home tests or access to testing) • Talk to your healthcare provider about whether you are a candidate for treatments like oral antivirals, PrEP, and monoclonal antibodies • If you have household or social contact with someone at high risk for severe disease 	<ul style="list-style-type: none"> • Consider setting-specific recommendations for prevention strategies based on local factors • Implement healthcare surge support as needed • Protect people at high risk for severe illness or death by ensuring equitable access to vaccination, testing, treatment, support services, and information • Consider implementing screening testing or other testing strategies for people who are exposed to COVID-19 in workplaces, schools, or other community settings as appropriate • Implement enhanced prevention measures in high-risk congregate settings (see guidance for correctional facilities and homeless shelters) • Distribute and administer vaccines to achieve high community vaccination coverage and ensure health equity • Maintain improved ventilation in public indoor spaces

	<ul style="list-style-type: none">• consider self-testing to detect infection before contact• consider wearing a mask when indoors with them• Stay up to date with COVID-19 vaccines and boosters• Maintain improved ventilation throughout indoor spaces when possible• Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19	<ul style="list-style-type: none">• Ensure access to testing, including through point-of-care and at-home tests for all people• Communicate with organizations and places that serve people who are immunocompromised or at high risk for severe disease to ensure they know how to get rapid testing• Ensure access and equity in vaccination, testing, treatment, community outreach, support services for disproportionately affected populations
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[CDC, 2022](#)