

Cream Cheese Veggie and Turkey Bite Size Wraps



Ingredients:

- 6 (10 inch) flour tortillas
- 4 ounces package cream cheese, softened
- 1 tomato, minced
- 1 cucumber, thinly sliced
- 1/2 head lettuce
- 3 oz thinly sliced deli-style turkey
- 1 c carrots, thinly shredded

Instructions:

1. Spread cream cheese over the tortillas.
2. Layer the lettuce leaves and turkey on top of the cream cheese.
3. Spread the carrots, tomatoes and cucumbers on top of turkey.
4. Roll the tortillas.
5. Cut the wraps into snack sized pieces.

Makes about 30 bites.



Tarrant County Public Health
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