

TARRANT COUNTY PUBLIC HEALTH DATA BRIEF



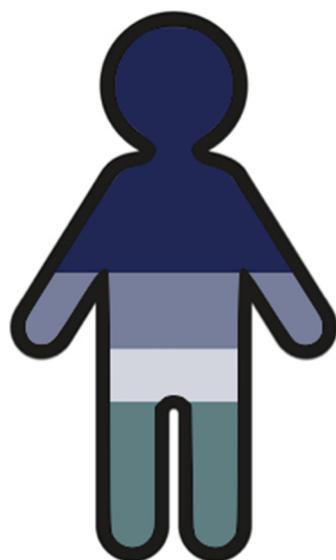
SOCIAL DETERMINANTS OF HEALTH IN TARRANT COUNTY

SOCIAL DETERMINANTS OF HEALTH (SDOH) represents conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks*. SDOH have a major impact on people's health, well-being, and quality of life.

SDOH are grouped into FIVE domains by the U.S. Department of Health and Human Services

- **Economic Stability:** Includes income, socioeconomic status, and cost of living
- **Education Access and Quality:** Includes early childhood education and development, graduating from high school, and receiving higher education
- **Health Care Access and Quality:** Includes access to primary care, access to specialty care, health insurance coverage, and health literacy
- **Neighborhood and Built Environment:** Includes housing, transportation, access to healthy foods and clean water, air quality, internet access, crime, and violence
- **Social and Community Context:** Includes the sense of belonging to a community, workplace conditions, food security, and discrimination or racism

What determines your health?[†]



70%
of your
health is
influenced
by social
determinants

Social Determinants of Health in Tarrant County

Economic Stability



Among Tarrant County adults, **excellent health** was significantly higher among residents with higher income (\$75K+) **47%**, compared to lower income (<\$25K) **21%**

Education Access and Quality



Among Tarrant County adults, **having a Chronic Disease** was significantly higher among residents with less than high school education **97%**, compared to having a college degree **73%**

Health Care Access and Quality



Among Tarrant County adults, **14% could not see a doctor due to cost** in the past 12 months

Neighborhood and Built Environment



In 2022, **93%** of Tarrant County households had an **internet subscription**

Social and Community Context



Among Tarrant County residents, the rate of **membership associations** per 10,000 population was **6.9**

Associations include business, labor, political, professional, athletic, civic, volunteer, and religious organizations

Social Determinants of Health	U.S.	Texas	Tarrant County	Healthy People 2030 Objective
Economic Stability				
Poverty Level: Percentage of individuals below poverty level in the past 12 months (2022)	12.6%	14.0%	10.6%	8.0% (Not Met)
Employment: Percentage of population aged 16 to 64 years who were employed (2022)	75.7%	74.9%	77.4%	75.0% (Met)
Education Access and Quality				
Disconnected Youth: Percentage of population aged 16 to 24 years neither enrolled in school nor working (2021)	12.1%	13.7%	11.6%	10.1% (Not Met)
Health Care Access and Quality				
Health Insurance Status: Percentage of persons aged less than 65 years with health insurance (2022)	90.5%	81.1%	81.7%	92.4% (Not Met)
Neighborhood and Built Environment				
Housing Cost Burden: Percentage of households that spent more than 30% of their income on housing (2016-2020)	29.2%	28.4%	29.4%	25.5% (Not Met)
Social and Community Context				
Food Insecurity: Percentage of population that experienced food insecurity at some point (2021)	10.4%	13.7%	12.0%	6.0% (Not Met)

To learn more about health among Tarrant County residents, as well as available resources, go to: <https://www.tarrantcountytx.gov/en/public-health/public-health-administration/health-data-and-information.html>

All significant differences detected at the 95% confidence level.

Data sources: Tarrant County Behavioral Risk Factor Surveillance System, 2020; U.S. Census Bureau; Healthy North Texas; U.S. Department of Housing and Urban Development; Feeding America

Data Brief provided by: Office of Health Informatics, Tarrant County Public Health