

TARRANT COUNTY PUBLIC HEALTH DATA BRIEF



STROKE AMONG TARRANT COUNTY ADULTS

A stroke occurs when a blood vessel that carries oxygen and nutrients to the brain is either blocked by a clot or bursts, causing brain cells to die



Someone has a stroke every 40 seconds in the United States

Cerebrovascular disease (stroke) is the 5th leading cause of death in Tarrant County

Figure 1. Stroke mortality among Tarrant County residents, 2013-2022*

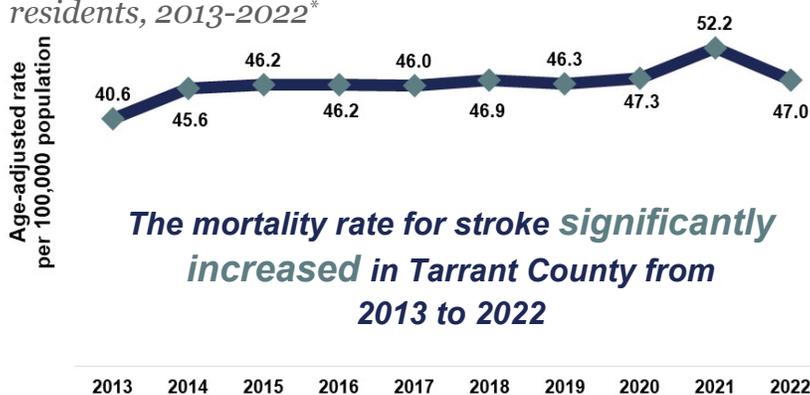


Figure 2. Stroke mortality among selected geographic areas, 2022*

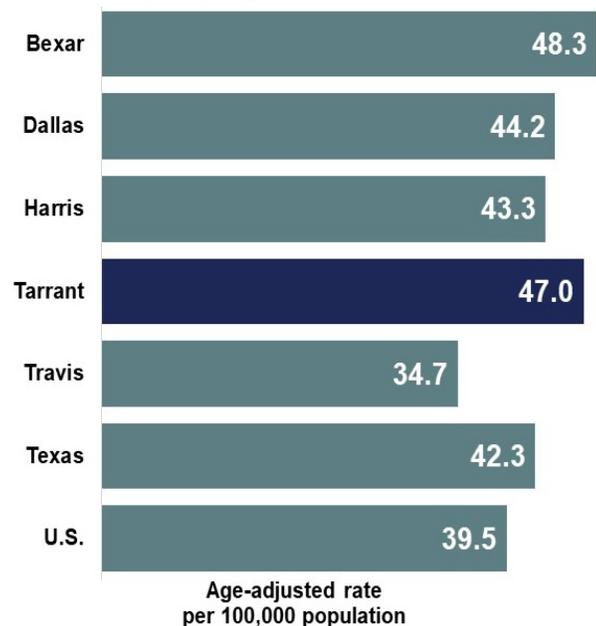
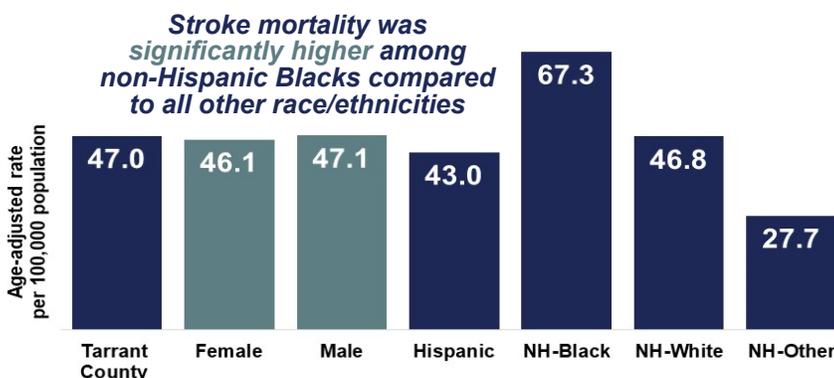


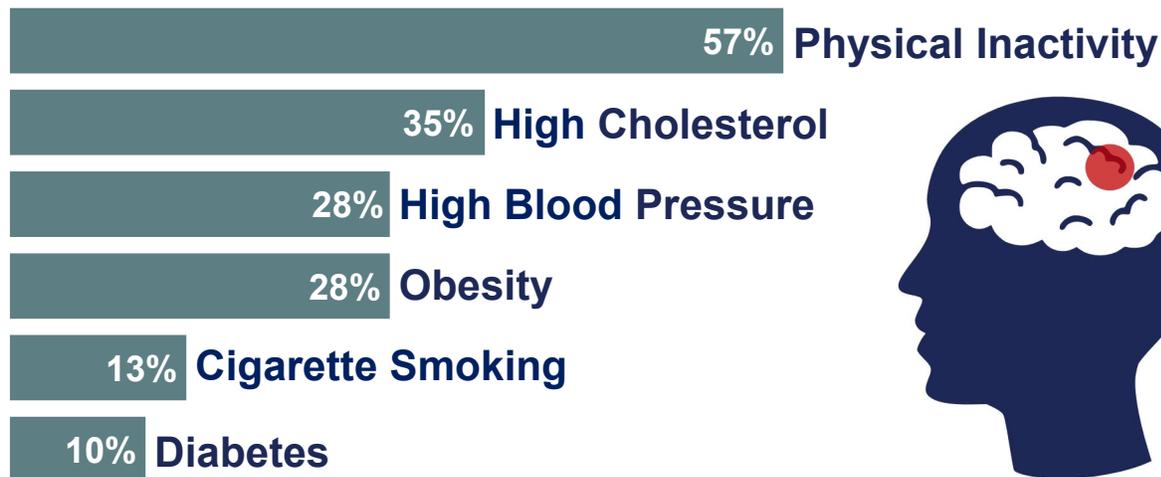
Figure 3. Stroke mortality among Tarrant County residents by selected demographics, 2022*



Stroke mortality in Tarrant County was significantly higher compared to Travis County, Texas, and the U.S.

*2022 data are provisional and subject to change
 NH= Non-Hispanic; All significant differences detected at the 95% confidence level
 Data sources: American Stroke Association; Centers for Disease Control and Prevention
 Data Brief provided by: Office of Data and Informatics

Many Tarrant County adults have risk factors for stroke



Recognize the signs of stroke: B.E. F.A.S.T



Resources and Support

- **Tarrant County Public Health** [health.tarrantcounty.com]
- * **Health for Me:** Self-management class for persons with diabetes, obesity, hypertension, and other chronic conditions [tarrantcountytx.gov/en/public-health/family-health-services/chronic-disease-prevention/health-classes.html]
- * **Live Tobacco Free:** Free tobacco cessation classes for adults [tarrantcountytx.gov/en/public-health/programs---initiatives.html]
- **Centers for Disease Control and Prevention** [cdc.gov/stroke]
- **Million Hearts** [MillionHearts.hhs.gov]
- **American Stroke Association** [Stroke.org]