## TARRANT COUNTY PUBLIC HEALTH

# DATA BRIEF



# Infant Mortality in Tarrant County

- In 2023<sup>\*</sup>, the Tarrant County infant mortality rate was 6.88 per 1,000 live births, a 5% decrease from 2014 and above the Healthy People 2030 goal of 5.0 per 1,000 live births
- Tarrant County had the *highest* infant mortality rate among the nine Texas counties <u>with at least 10,000 live births</u> in 2023<sup>\*</sup>
- The infant mortality rate among non-Hispanic black residents decreased 22% from 2014 to 2023, but still remained higher each year than all other race/ethnicity groups in Tarrant County
- Out of the 71 rankable causes of infant death, five were responsible for more than 60% of all deaths among Tarrant County infants from 2019-2023\*
- Birth defects were the leading causes of infant death in Tarrant County, responsible for over 1 out of 5 infant deaths from 2019-2023\*

52 fewer infant
deaths in 2023
would lower the
Tarrant County
infant mortality
rate to the
Healthy People
2030 goal of 5.0

Figure 1. Infant mortality in Tarrant County, Texas, and United States, 2023\*

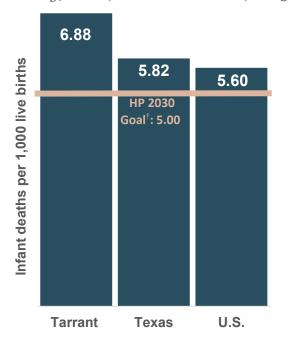


Figure 2. Infant mortality in Tarrant County, Texas, and United States, 2014-2023\*

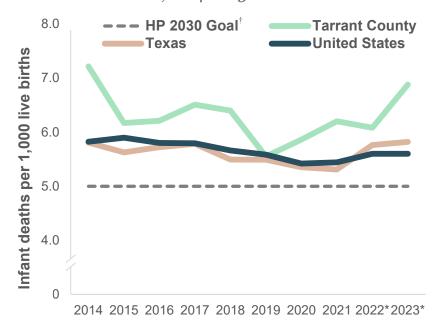


Figure 3. Infant mortality in Texas counties with 10,000+ live births, 2023\*

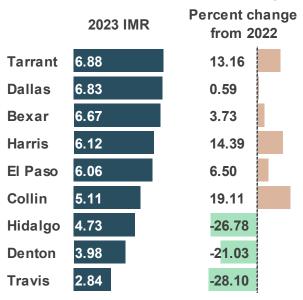


Figure 4. Infant mortality by race/ethnicity among Tarrant County residents, 2014-2023\*

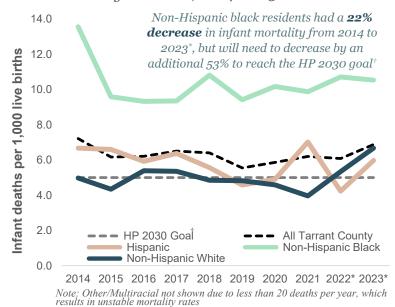
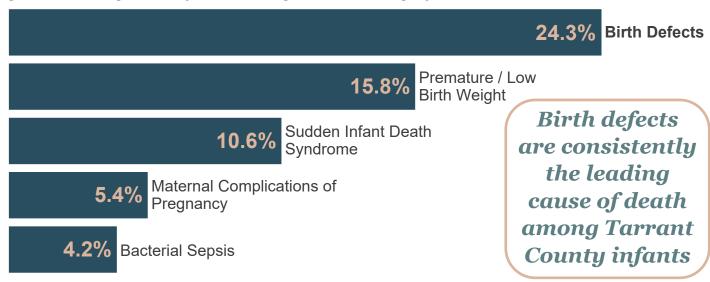


Figure 5. Leading causes of death among Tarrant County infants, 2019-2023\*



## Resources available at Tarrant County Public Health

#### **Family Health Services:**

[www.tarrantcountytx.gov/en/public-health/family-health-services.html]

- Nurse Family Partnership: Home nurse visits for eligible first time moms throughout their pregnancy and until their baby turns 2 years old
- WIC: Helps families eat well, learn about nutrition, and stay healthy
- **Pregnancy Risk Reduction:** Connection to community resources, health & wellness education, and stress management classes for any pregnant person who is at risk of having a preterm birth

### **Health For Me:**

[www.tarrantcountytx.gov/en/public-health/family-health-services/chronic-disease-prevention/health-for-me.html] Self-management class for persons with diabetes, obesity, hypertension, and other chronic conditions

For other community resources: Call 2-1-1