

TARRANT COUNTY PUBLIC HEALTH DATA BRIEF



BREAST CANCER IN TARRANT COUNTY

- In 2024, **79%** of Tarrant County women **aged 40 to 74 years** reported having a **mammogram within the past two years** (Figure 1)
- The prevalence of breast cancer screening among Tarrant County women aged 40 to 74 years **decreased significantly** from **2015 to 2024** (Figure 1)
- There were **1,607 new cases** of breast cancer reported among Tarrant County females in 2023 and **205 deaths** in 2024 (Figure 2)
- Since 2015 there have been **no significant changes** in breast cancer **incidence** or **mortality** among female Tarrant County residents (Figure 2)

Figure 1. Percentage of females aged 40 to 74 years who had a mammogram within the past two years, Tarrant County, 2015-2024

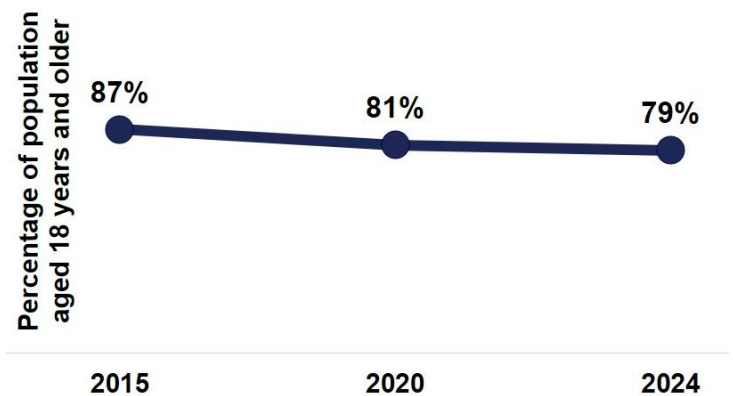


Figure 2. Female breast cancer incidence and mortality rates among Tarrant County residents, 2015-2024

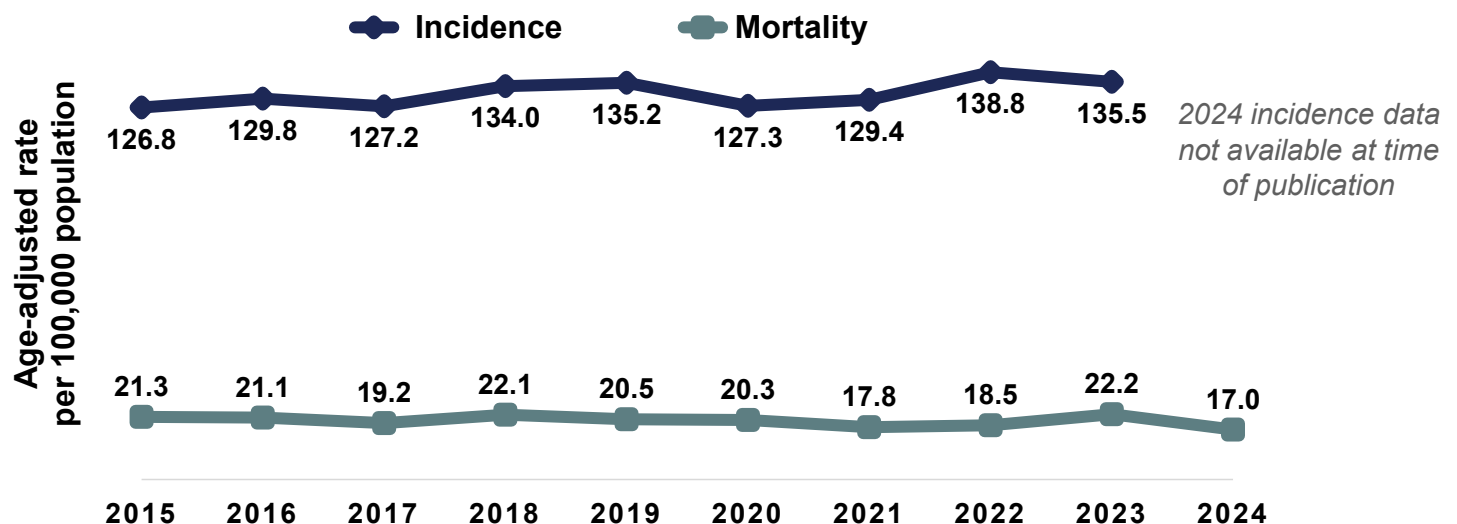
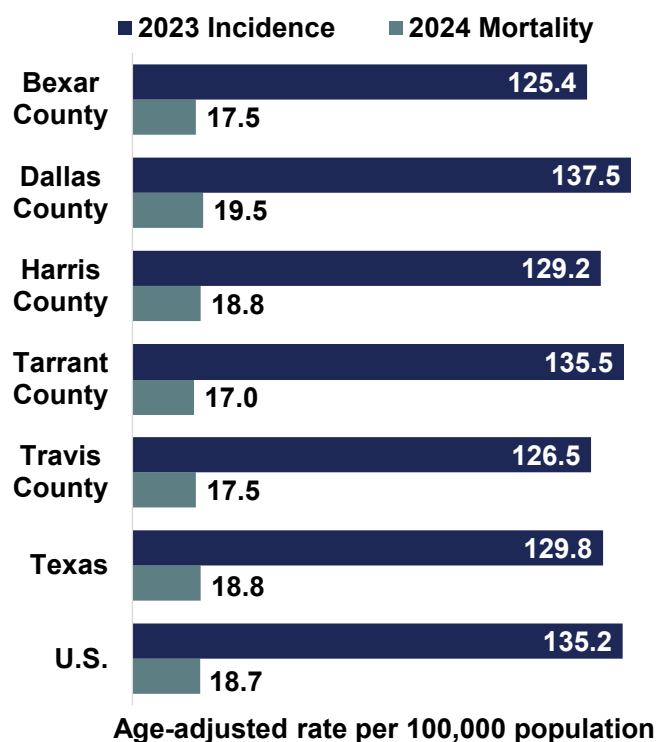
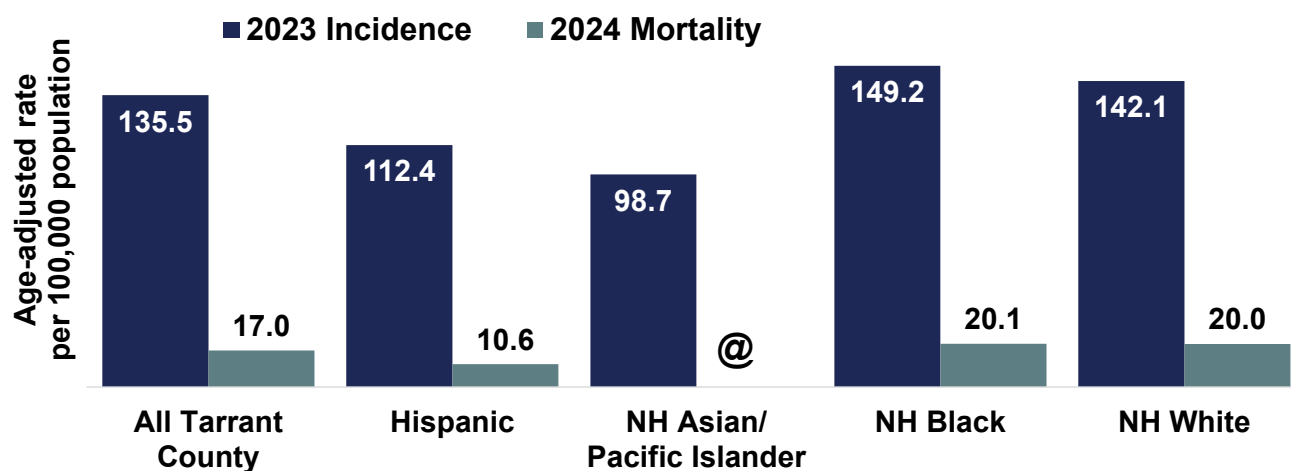


Figure 3. Female breast cancer incidence and mortality rates by selected geographic areas



*Female breast cancer incidence and mortality in Tarrant County were **not significantly different** than the U.S., Texas, or other selected counties*

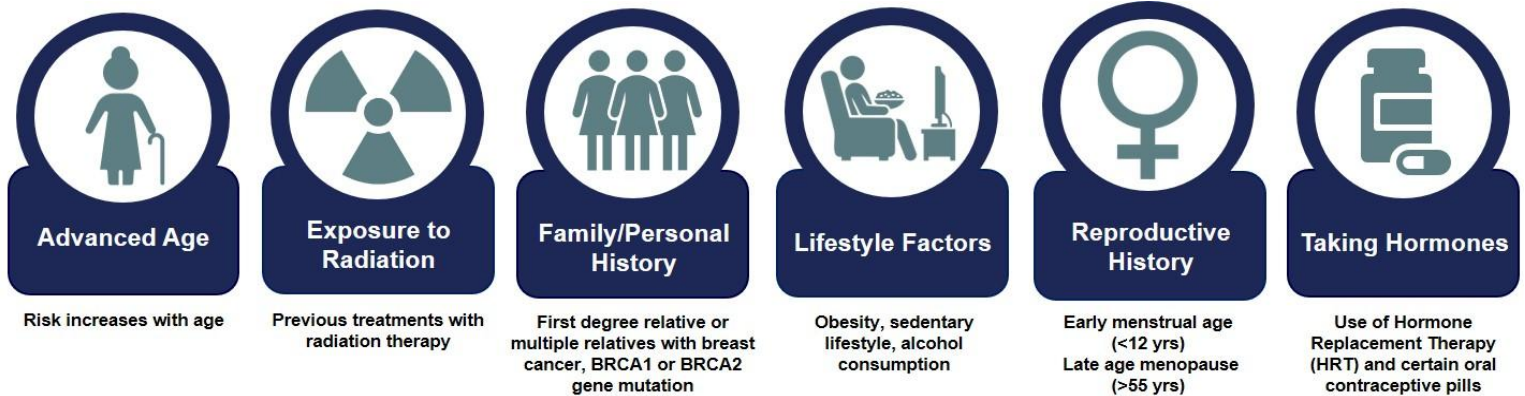
Figure 4. Female breast cancer incidence and mortality rates among Tarrant County residents by race/ethnicity



@ = number too small to calculate reliable estimates; NH = Non-Hispanic

*2023 breast cancer **incidence** and 2024 breast cancer **mortality** in Tarrant County were **highest** among **non-Hispanic Black** and **non-Hispanic White** women*

Risk Factors for Breast Cancer

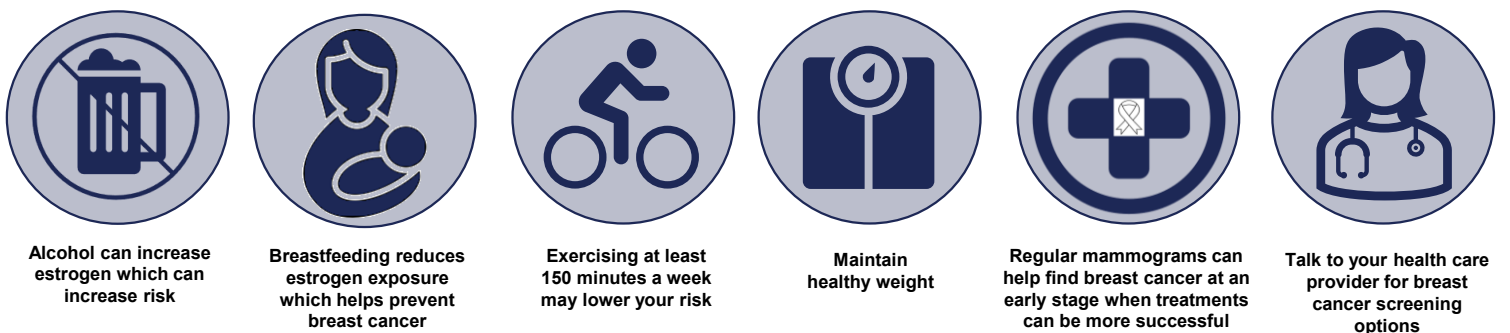


US Preventive Services Task Force recommendations on mammograms for healthy women with an average risk of getting breast cancer

Age < 40	Mammogram not recommended
Age 40 - 74	Every two years
Age 75+	Mammogram not recommended



How to Reduce Your Risk of Breast Cancer*



Resources and Support

- American Cancer Society** [cancer.org/cancer/types/breast-cancer.html]
 - Centers for Disease Control and Prevention** [cdc.gov/breast-cancer/index.html]
 - Susan G. Komen, Greater Fort Worth** [komen.org/community/Texas/greater-fort-worth/]
 - Tarrant County Public Health** [tarrantcountytx.gov/en/public-health.html]
- Health education classes offered include breastfeeding, healthy weight, nutrition, physical activity, and tobacco cessation

*Many modifiable and non-modifiable risk factors affect breast cancer risk. Non-modifiable factors include gender, age, and family history. Staying healthy and lifestyle changes may help in reducing your chance of getting breast cancer; Data sources: U.S. Preventive Services Task Force; Centers for Disease Control and Prevention; Data Brief provided by: Statistical Analysis Team