

SCREENINGS AND HEALTH EXAMINATIONS AGE 19+

Age	Physical Exam 	Dental Exam 	Vision Screening 	Hearing Screening 	Vaccinations 	Diabetes (Type II) Screening 	Colorectal Cancer Screening 	Skin Cancer Screening 
19-29	Yearly	Every 6 months to 1 year	Every 2 years	Once every 10 years	Flu, Tdap (booster every 10 years), HPV	Every 5 years		Total Skin Exam every 3 years
30-39	Yearly	Every 6 months to 1 year	Every 2 years	Once every 10 years	Flu Shot, Tdap (booster every 10 years)	Every 5 years		Total Skin Exam every 3 years
40-49	Yearly	Every 6 months to 1 year	Every 2 years	Once every 10 years	Flu, Tdap (booster every 10 years)	Every 5 years until 45 then every 3 years		Total Skin Exam Annually
50-59	Yearly	Every 6 months to 1 year	Every 2 years	Every 3 years	Flu Shot, Tdap (booster every 10 years)	Every 3 years	Colonoscopy at 50 and then every 10 years	Total Skin Exam Annually
60-69	Yearly	Every 6 months to 1 year	Yearly	Every 3 years	Flu, Tdap (booster every 10 years), Shingles, Pneumonia, PCV13 (one dose each after age 64)	Every 3 years	Colonoscopy every 10 year	Total Skin Exam Annually
70-79	Yearly	Every 6 months to 1 year	Yearly	Every 3 years	Flu , Tdap (booster every 10 years)	Every 3 years	Colonoscopy every 10 year (until 75 years)	Total Skin Exam Annually
80+	Yearly	Every 6 months to 1 year	Yearly	Every 3 years	Flu, Tdap (booster every 10 years)	Every 3 years		Total Skin Exam Annually