

## Refreshing Fruit Salad



### Ingredients:

- 1/2 small seedless watermelon, diced
- 1 cup seedless grapes
- 1 quart fresh strawberries, thinly sliced
- 1/2 pineapple, peeled, cored and cut into small pieces
- 1/2 honeydew melon, seeds removed and scooped into small pieces
- 3 kiwi, peeled and cut into thick slices
- 1 pint fresh blackberries
- 1 pint fresh blueberries
- 1/4 cup orange juice

### Instructions:

1. In a large bowl, combine watermelon, melon, kiwi, blackberries, strawberries, grapes, and pineapple.
2. Pour orange juice over fruit mixture and gently fold together.
3. Serve chilled.

Servings: 12



**Tarrant County Public Health**  
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