

BERRY AND GRANOLA GREEK YOGURT PARFAIT



INGREDIENTS:

- 1 c strawberries, sliced
- 1 c blueberries
- 8 oz vanilla Greek yogurt
- 1 banana, sliced
- 1 c low-fat granola

DIRECTIONS:

1. Place 1/4 of the strawberries, blueberries and banana on bottom of a dessert cup.
2. Place 2 ounces of yogurt on the berries.
3. Sprinkle 1/4 cup granola.
4. Repeat steps.

Makes 2 servings



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