

Fruity Pizza



Ingredients:

Pizza Sauce

- 7 ounces sweetened condensed milk
- 1/4 cup sour cream
- 1/4 cup vanilla Greek yogurt
- 1/8 cup lemon juice
- 1 tablespoon vanilla

Pizza Crust:

- 1/2 cup softened butter
- 1/4 cup brown sugar
- 1 cup whole wheat flour
- 1/4 cup quick cook oats
- 1/4 cup flax seed (optional)
- 1/4 teaspoon salt
- Sliced Strawberries, kiwi, mandarin oranges, blueberries, bananas or any other fruit

Directions:

1. Mix butter, flour, oats and sugar together. Mixture will be a little crumbly. Spread on a small pizza pan.
2. Bake at 375F for 10-12minutes. Watch it to make sure it doesn't over bake. Let crust cool.
3. Mix sweetened condensed milk, sour cream, yogurt, vanilla and lemon juice together. Spread over cooled pizza crust.
4. Arrange desired fruit over the crust and sauce.
5. Serve immediately. Refrigerate uneaten portions



Tarrant County Public Health

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