



Apple Cranberry Salad

Ingredients:

- 1/2 cup olive oil
- 1/4 cup vinegar
- Dash of salt and pepper
- 1 head of lettuce, torn (about 10 cups, any variety)
- 2 medium apples, sliced
- 1/2 cup walnuts, chopped
- 1 cup dried cranberries
- 1/2 cup green onion, sliced

Directions:

1. Prepare vinaigrette dressing by combining olive oil, vinegar, salt, and pepper in a jar. Shake to combine.
2. In a large bowl, combine lettuce, apples, cranberries, walnuts, and green onions.
3. Add the dressing. Toss salad to coat. Serve immediately.

Makes 8 servings.



Tarrant County Public Health
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