

Cinnamon Baked Pears



Ingredients:

- 4 pears, halved and cored
- 1 tablespoon butter, melted
- 1 tablespoon sugar
- 1/2 teaspoon cinnamon
- Non-stick cooking spray

Instructions:

1. Preheat oven to 350 degrees.
2. Spray cooking spray onto a glass baking dish.
3. Place the pears cut side down in the baking dish.
4. Brush pears with melted butter and sprinkle with sugar and cinnamon.
5. Bake 30-40 minutes, until pears are soft and sugar mixture is bubbly.

Makes 4 servings.



Tarrant County Public Health
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