

Peach Bran Muffins



Ingredients:

- 1 1/4 cup flour
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 1/4 cup packed brown sugar
- 1/2 teaspoon cinnamon
- 1 large egg
- 1 cup peaches, chopped
- 1 cup bran cereal
- 1/3 low-fat milk
- 1/4 cup canola oil

Directions:

1. Preheat oven to 400 F.
2. Combine flour, baking powder, salt, sugar, and cinnamon. Mix well.
3. In a separate large bowl, beat egg slightly. Stir in peaches, cereal, milk, and oil.
4. Let stand 2 minutes, until cereal is slightly softened.
5. Add flour mixture. Stir until combined.
6. Spoon batter into paper-lined muffin tins.
7. Bake 18-20 minutes or until toothpick inserted in center comes out clean.
8. Serve warm.

Makes 12 servings.



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