

Baked Apples and Sweet Potatoes



Ingredients:

- 3 sweet potatoes cooked, peeled, sliced
- 2 apples, unpeeled, cored and sliced
- 1/3 c raisins or your favorite dried fruit
- 1/3 c brown sugar
- 1/2 c quick-cook oats
- 2 T margarine, melted
- 1 t nutmeg

Directions:

1. Preheat oven to 350 degrees F. Spray casserole dish with non-stick cooking spray. Add the potatoes, apples and raisins or dried fruit to the dish.
2. Mix the oats, brown sugar and nutmeg in a bowl and then sprinkle over the apples and potatoes.
3. Bake for about 30 minutes or until apples are tender.

Makes 6 servings.



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