

## Easy Turkey Wrap Bites



### Ingredients:

- 2 whole wheat tortillas
- 2 teaspoons reduced-fat cream cheese
- 3/4 cup shredded mozzarella cheese
- 8 slices turkey lunch meat
- 1/2 cup shredded carrots
- 1/4 cup reduced-fat ranch dressing

### Directions:

1. Spread cream cheese along one edge of each tortilla.
2. Spread mozzarella onto the center of each tortilla.
3. Arrange turkey slices over the cheese and sprinkle carrots on top of turkey.
4. Roll tightly to end at the cream cheese edge to keep the roll together.
5. Cut into bite-sized pieces and serve at room temperature or refrigerate before serving.

Makes 2 servings.



**Tarrant County Public Health**  
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