

Greek Yogurt Ranch Dip



Ingredients:

- 1 – 16 ounce container Greek yogurt
- 1 packet dry ranch dressing

Directions:

1. Mix Greek yogurt and dry ranch dressing.
2. Serve with cut vegetables or whole grain pita chips.

Makes 16 servings.



Tarrant County Public Health
<http://health.tarrantcounty.com>