

Simple Baked Salmon



Ingredients:

- 2 cloves garlic, minced
- 1 teaspoon dried basil
- 1/2 tablespoon dried parsley
- 1/2 teaspoon salt
- 1/2 teaspoon black pepper
- 1 tablespoon lemon juice
- 4 tablespoons olive oil or canola oil
- 2 salmon fillets (6 ounces each)

Instructions:

1. In a small bowl, mix garlic, basil, parsley, salt, pepper, lemon juice, and oil.
2. Place salmon fillets in a dish and cover with garlic mixture.
3. Marinate in the refrigerator one hour, turning occasionally.
4. Preheat oven to 400 degrees.
5. Wrap fillets, covered in marinade, in foil sheets and place in a glass baking dish.
6. Bake 30 minutes or until flakey.

Makes 4 servings.



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