

Tasty Trail Mix



Ingredients:

- 4 cups toasted oat cereal
- 1 cup raisins
- 1/2 cup dried banana chips
- 1/2 cup dried apple rings
- 1 cup walnuts or almonds
- 1 cup dark chocolate chips

Instructions:

1. Add all ingredients to a large bowl and stir to combine.
2. Portion 1/4 cup servings into snack-size storage bags, if desired.

Makes 32 servings.



Tarrant County Public Health
<http://health.tarrantcounty.com>