

Fruit and Peanut Butter Dip



Ingredients:

- 1 cup apple slices
- 1 cup banana slices
- 1 cup grapes
- 1 cup strawberries
- 1/2 cup yogurt, non-fat or low-fat
- 1/3 cup peanut butter
- 1/2 teaspoon vanilla

Directions:

1. Wash apple, grapes and strawberries before slicing.
2. To make dip, combine yogurt, vanilla and peanut butter in a small bowl, mix well.
3. Chill dip in refrigerator until ready to serve.

Makes 6 Servings



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