

## Roasted Sprouts



### Ingredients:

- 1 pound of Brussels sprouts
- 1-2 tablespoons of olive oil

### Directions:

1. Preheat oven 375F
2. Lay sprouts in a foil lined pan
3. Brush olive oil over sprouts evenly
4. Bake in the center of the oven for about 25-30 minutes, until you notice an even browning glaze over sprouts.

Makes 2 servings.



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