

Simple Fruit and Yogurt Parfait



Ingredients:

- 2 cups Hybrid Fruit Salad (see recipe)
- 1 cup granola
- 8 tablespoons Chia Seeds

Directions:

1. Put 1/4 cup hybrid fruit salad into 4 glasses.
2. Top cup of fruit salad each with 2 tablespoon granola, 1 tablespoon chia seed.
3. Repeat to make another layer using remaining ingredients.
4. Serve immediately or refrigerate until ready to serve.

Makes 4 servings.



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